# A Prayer Upon Leaving the Synagogue

I thank You, God, for all the good You have provided for me and for all of creation. May it be Your will, Master of peace, that You bless me and keep me in mind, that I may find favor in my own eyes and in the eyes of all whom I meet. May I receive Your Shabbat with great joy. May we be spared illness and pain on this day and may we not be the instruments of sin. May Your angels of peace accompany me and may they bring blessings of life and peace to me, my family, and to us all.

### YIGDAL

ב

Glorify and praise the living God who exists, but not in time—

singular and unique, hidden and unbounded,

having no body, not a physical being: we cannot describe God's distinctness.

God existed before every thing; first of all—but with no beginning.

This is the master of the world; all of creation points to God's greatness and sovereignty.

Prophetic inspiration was bestowed upon the people God treasured and honored. There never arose in Israel another like Moses, a prophet able to see the very likeness of the Divine. By the hand of this prophet, trusted in God's house, Torah, a truthful teaching, was given to God's people. God will never alter the divine law,

nor change it for another.

God knows our innermost thoughts, and foresees their consequence from the start.

God repays the righteous for their deeds; punishes evildoers in accord with their transgressions.

The Divine will send us our Messiah at the end of days, redeeming those who wait for the time of God's triumph.

God, with great mercy, will give life to the dead may God's name be praised forever.

Yigdal elohim hai v'yishtabah, nimtza v'ein eit el m'tzi-uto. Ehad v'ein yahid k'yihudo, nelam v'gam ein sof l'ahduto. Ein lo d'mut ha-guf v'eino guf, lo na arokh eilav k'dushato. Kadmon l'khol davar asher nivra, rishon v'ein reishit l'reishito. Hino adon olam, v'khol notzar, yoreh g'dulato u-malkhuto. Shefa n'vu-ato n'tano, el anshei s'gulato v'tifarto. Lo kam b'yisrael k'mosheh od, navi u-mabit et t'munato. Torat emet natan l'amo El, al yad n'vi-o ne-eman beito. Lo yahalif ha-El v'lo yamir dato, l'olamim l'zulato. Tzofeh v'yodei-a s'tareinu, mabit l'sof davar b'kadmato. Gomel l'ish hesed k'mifalo, noten l'rasha ra k'rishato. Yishlah l'keitz yamin m'shiheinu, lifdot m'hakei keitz y'shu-ato.

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יגדל יגדל אַלהִים חַי וִישָׁתַבַּח, נִמְצַא וְאֵין עֵת אָל מִצִיאוּתוֹ. אֶחָד וָאֵין יָחִיד כִּיִחוּדוֹ, ַנִעְלַם, וְגַם אֱין סוֹף לָאֲחִדּוּתוֹ. אין לו דמות הַגּוּף ואינו גוּף, לֹא נַעֲרוֹך אֱלָיו קָדְשָׁתוֹ. קַדְמוֹן לְכַל־דַּבָר אֲשֶׁר נְבְרָא, ָרָאשון וָאֵין רֵאשִית לָרֵאשִיתוֹ. הַנּוֹ אֲדוֹן עוֹלַם וְכַל־נוֹצר יורה גדלתו ומלכותו. שפע נבואתו נתנו אל אַנשי סִגִלַתוֹ וְתִפְאַרְתוֹ. לא קם בִּישָׂרָאֵל כִּמשָה עוֹד נַבִיא וּמַבִּיט אָת־תָמוּנַתוֹ. תורת אמת נתן לעמו אל, ַעַל יַד נָבִיאוֹ נֵאֱמַן בֵּיתוֹ. לא יַחַלִיף הַאָל וִלא יַמִיר דַתוֹ לִעוֹלַמִים לְזוּלַתוֹ. צוֹפֵה וִיוֹדֵעַ סְתַרֵינוּ, ַמַבִּיט לְסוֹף דָּבָר בְּקַדָמָתוֹ. גּוֹמֵל לָאִישׁ חֵסֵד כַּמִפְעַלוֹ, נוֹתֵן לְרָשָׁע רָע כִּרְשָׁעָתוֹ. ישלח לִקץ יִמִין מְשִׁיחֵנוּ, לִפְדוֹת מִחַבֵּי קֵץ יִשוּעָתוֹ. מתים יחיה אל ברוב חסדו,

מֵתִים יְחַיֶּה אֵכ בְּרוב חַסְדּו, בָּרוּך עֲדֵי עַד שֵׁם תְּהַלָּתוֹ. YIGDAL יְאָדֵל. This song is believed to be an adaptation by Daniel ben Judah of Rome (14th century) of a longer poem by Immanuel of Rome (1261?–1335?). It is a poetic summary of Maimonides' thirteen articles of faith.

Although it has become a popular hymn, recited both before the morning blessings and at the conclusion of many services, there have always been objections to its use since many have argued that Judaism cannot be reduced to thirteen articles of faith. Some have altered the last lines, objecting to the affirmation that the dead will one day be resurrected.

In at least one of the cities of Hungary, the *hevra kadisha* (burial society) would proceed from house to house on the 7th day of Adar, the legendary anniversary of the birth and death of Moses, and would sing Yigdal, repeating the last stanza declaiming the resurrection of the dead. (*based on Macy Nulman*) SERVICE FOR THE READING OF THE TORAH (Isaiah 2)

In the days to come,

The Mount of the Lord's House Shall stand firm about the mountains And tower above the hills; All the nations shall gaze on it with joy. And many people shall go and say: "Come, let us go up to the Mount of the Lord, To the House of the God of Jacob; That he may instruct us in His ways, And that we may walk in His paths."

> For instruction shall come forth from Zion, The word of the Lord from Jerusalem.

KEE MEE-TZEE-YAWN TAY-TZAY TAW-RAH (2)

U'D'VAHR AH-DAW-NAI MEE'Y'RU=SHAH-LAH-YEEM

כִּי מִצִיוֹן הֵצֵא תוֹרָה

וּדְבַר אַדֹנִי מִירוּשֶׁלָיִם

Thus He will judge among the nations And arbitrate for the many peoples, And they shall beat their swords into plowshares And their spears into pruning hooks: Nation shall not take up Sword against nation; They shall never again lean war.

LAW-YEESAH GOY EHL-GOY KHEHREHV

LAWH YIL'M'DU AWD MIL-KHAMAH

לא יִשְׂא גוֹי אֶל גוֹי חֶרֶב לא יִלְמְדוּ עוֹד מִלְחָמָה

בְּרוּך שֶׁנְתֵן תוֹרָה לְּשַמוֹ יִשְׂרָאֵל בִּקְדוּשָׁתוֹ BARUKH SHEH-HAN-THAN TWO-RAH L'AH-MAW YIS-RAH-EHL BIK'DU-SHAW-TAW BLESSED IS HE WHO HAS GIVEN TEACHING TO HIS PEOPLE WITH HIS SPECIAL SPIRIT

# בְּרִיך שְׁמֵה דְּמָרֵא עָלָמָא

Blessed be the Name of the Master of the universe. (congregation together)

May Your partnership with Your People of Israel last forever. May the goodness of Your light reach out to us in Your sacred place to receive our prayers with mercy.

May it be Your will to lengthen our lives with goodness. You are the provider of sustenance and support for all people. You are the true Ruler over all.

We are the servants of the Holy Source of Blessing, before Whom and before Whose Torah we bow at all times. It is not in human beings that we rely, nor upon any divine being that we depend, rather upon the God of the heavens Who is the God of truth, Whose Torah is true, and Whose prophets are teachers of truth, and Who is great in bringing about Goodness and Truth.

In God we trust, and to the sacred and precious reality of God's existence we sing praises.

בָּה אַנַא רַחֵץ וָלָשָׁמֵה <u>קד</u>ישָא קדישא <u>יִקִיר</u>ָא BAY AH-NAH RAH-KHETZ V'LISH-MAY KAH-DEE-SHAH KAH-DEE-SHAH YAH-KEE-RAH

# אַנָא אָכֵר תוּשׁבָּחָן АН- NAH AH-MAHR TU'U-SH'B'КНАНМ

May it be Your will that You open our hearts with Your Torah, and that You will bring to completion the wishes of our hearts and of the hearts of all Your people Israel - FOR GOOD, and for LIFE, and for PEACE. Amen

דתפתח לבי באוריתא קדמד רעוא Y'HAY RAH-AH-VAH KAH-DAH-MAHKH D'TIF'TAHKH LEE-BEE B' AW-RAI'TAH

וָתָשָׁלים משאַלין דָלָבִּי וְלָבָּא דְכָל עִמָה יִשְׁרָאֵל V'TAHSH-LEEM MISH'AH-LIN D'LEE-BEE V'LEE-BAH' D'KHAWL AH-MAHKH YIS-RAH-EHL

> לטַב וּל<u>ח</u>ַיִין ולְשָׁלָם אמן, L'TAHV U'L'KHAH-YEEN V'LISH'LAHM AMEN

# Mi Shebeirach A Prayer for Healing

Mi shebeirach avoteinu M'kor habracha l'imoteinu

May the source of strength who blessed the ones before us, Help us find the courage to make our lives a blessing And let us say: Amen.

Mi shebeirach imoteinu M'kor habracha l'avoteinu

Bless those in need of healing with refuah sh'leimah The renewal of body, the renewal of spirit And let us say: Amen.

Lyrics by Debbie Friedman and Drorah Setel

### From Sephardic Practice

Before reciting the Torah blessings, the honoree(s) turn(s) to the congregation with a word of blessing (in accord with the language of greeting found in Ruth 2:4), and the congregation then responds in recognition:

#### Honoree(s):

יהוה אָמָכֶם. May God be with you. Adonai imakhem.

#### Congregation:

יְּבָרֶרְּ\יְבָרְבֵרְ\יְבָרֶכֶם יהוה.

May God bless you. Y'varekh·kha/y'var'kheikh/ y'var'kheim Adonai.

Shabbat: Resting-Place on Our Journey Each Shabbat is its own revelation, but each leads us further on the road to eternity. Each Shabbat is a resting place, an oasis on the journey that is the life of Torah. Each Shabbat's Torah reading looks forward to yet another week—another revelation.

### Studying Torah

Once a young man who wanted to become a Hasid arrived at the court of Isaac Meir, the rebbe of Gur. The rabbi asked him if he had learned Torah. The young man didn't know what to answer. He had studied Torah but didn't want to appear too bold and answer "Yes," as if he knew all of Torah; nor could he say "No," for he would then be lying. So he responded, "I know a little." The rabbi replied, "Can anyone know more than a little?"

# Blessings Recited by Those Called Up to the Torah

The person who is honored with an aliyah recites the following before the Torah is read: Praise ADONAI, to whom all praise is directed. Bar'khu et Adonai ha-m'vorakh.

### The congregation responds:

Praise ADONAI, to whom all praise is directed forever and ever. Barukh Adonai ha-m'vorakh l'olam va-ed.

*The person who is honored repeats the above response, then continues: Barukh atah ADONAI*, our God, sovereign of time and space, who has chosen us from among all peoples, giving us the Torah.

*Barukh atah Adonai*, who gives the Torah. Barukh atah Adonai eloheinu melekh ha-olam, asher baḥar banu mikol ha-amim, v'natan lanu et torato. Barukh atah Adonai, noten ha-torah.

# The person who is honored recites the following after the Torah is read:

*Barukh atah ADONAI*, our God, sovereign of time and space, who has given us a teaching of truth, planting eternal life in our midst.

Barukh atah Adonai, who gives the Torah. Barukh atah Adonai eloheinu melekh ha-olam, asher natan lanu torat emet, v'ḥayei olam nata b'tokheinu. Barukh atah Adonai, noten ha-torah.

# Mi Sheberakh:

Blessing for Those Called to the Torah

May the one who blessed our ancestors Abraham, Isaac, and Jacob, Sarah, Rebecca, Rachel, and Leah,

# bless \_\_\_\_\_

who has/have ascended today to honor God and the Torah and Shabbat. May the blessed Holy One protect him/her/them and his/her/their entire family, bring blessing and success to all the works of his/her/their hands, together with all his/her/their fellow Jews, and let us say: *Amen*.

For additional Mi Sheberakh prayers for special occasions, see pages 439–445.

# בּרְכוֹת הַתּוֹרָה

The person who is honored with an aliyah recites the following before the Torah is read: בַּרְכוּ אֵת־יהוה הַמִבֹרֵךָ.

The congregation responds: בָּרוּך יהוה הַמְבֹרָך לְעוֹלָם וָעֶד.

The person who is honored repeats the above response, then continues: בָּרוּך אַתָּה יהוה אֶלֹהֵינוּ מֶעֶך הָעוֹלָם, אֲשֶׁר בְּחַר בְּנוּ מִבְּל־הָעַמִּים וְנֶתַן לְנוּ אֶת־תּוֹרָתוֹ. בָּרוּך אַתָּה יהוה, נוֹתֵן הַתּוֹרָה.

The person who is honored recites the following after the Torah is read: בְּרוּך אַתָּה יהוה אֱלֹהֵינוּ מֱלֶך הָעוֹלָם, אֲשֶׁר נְתַן לֱנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע בְּתוֹבֵנוּ. בָּרוּך אַתָּה יהוה, נוֹתֵן הַתּוֹרָה.

# מִי שֶׁבֵּרַךְ לְעוֹלֶה לַתּוֹרָה

### For an individual:

מִי שֶׁבֵּרַהְ אֲבוֹתֵינוּ אַבְרָהָם יִצְחָק וְיַעֲקֹב, וְאִמּוֹתֵינוּ שֶׁרָה רִבְקָה רָחֵל וְלֵאָה, הוּא יְבָרֵךְ אֵת ..... שֶׁעָלָה\שֶׁעָלְתָה הַיּוֹם לִכְבוֹד הַמָּקוֹם וְלִכְבוֹד הַתּוֹרָה, וְלָכְבוֹד הַשַּׁבָּת. הַקָּדוֹש בָּרוּהְ הוּא יִשְׁמֹר אוֹתוֹ\אוֹתָה וְאָת־כָּל־מַעֲשֵּׁה יָדִיו\יִבֶיה, עִם בָּל־יִשְׁרָאֵל אֶחָיו וְאַחִיוֹתִיו\אֲחֵיהָ וִאַחִיֹתֵיהָ, וְנֹאמַר אָמֵן. וַאַחִיוֹתִיו\אֲחֵיהַ וִאַחִיֹתֵיהָ, וְנֹאמַר אָמֵן.

### For a group of people:

מִי שֶׁבֵּרַףְ אֲבוֹתֵינוּ אַבְרָהָם יִצְחָק וְיַעֲקֹב, וְאִמּוֹתֵינוּ שָּׁרָה רִבְקָה רָחֵל וְלֵאָה, הוּא יְבָרָףְ אֵת כְּל־אֵלֶה שֶׁעָלוּ הַיּוֹם לִכְבוֹד הַמָּקוֹם וְלִכְבוֹד הַתּוֹרָה, וְלִכְבוֹד הַשַּׁבָּת. הַקּדוֹש בָּרוּףְ הוּא יִשְׁמֹר אוֹתָם וְאֶת־כְּל־מִשְׁפְּחוֹתֵיהֶם, וְיִשְׁלַח בְּרָכָה וְהַצְלָחָה בְּכָל־מַעֲשֵׁה יְדֵיהֶם, עִם כְּל־יִשְׁרָאֵל אֲתֵיהֶם וְאַחְיוֹתֵיהֶם, וְנֹאמַר אָמֵן.

For additional Mi Sheberakh prayers for special occasions, see pages 439-445.

THE READING. In the Land of Israel in the 1st millennium, the Torah was read on a cycle of three-and-a-half years and divided into more than 150 portions. In Babylonia, the Torah was divided into larger portions, called parashiyot, which are read in sequence on Shabbat mornings throughout a single year. (The number of these portions was eventually fixed at 54.) Because some years are leap years and in some years festivals fall on Shabbat, certain parashiyot may be read together, so that the weekly readings remain coordinated with the calendar. Today, we follow the Babylonian custom, though some congregations read one-third of each parashah each week, thus completing a full Torah reading in three years.

The trope, the musical notation with which the Torah is chanted, is the oldest form of musical notation still in use; it dates at least to the end of the 1st millennium. Trope serve as syntactical signposts and provide interpretive meaning to the text.

HAS GIVEN US ... WHO GIVES THE TORAH וְנְתֵן לֵנוּ הַתּוֹרָתּ אֶת־תּוֹרָתוֹ ... נוֹתֵן הַתּוֹרָת. The Hebrew moves from the past tense to the present. The meaning of the words of Torah not only derive from the past, but each reading may offer a new revelation.

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<sup>172</sup> SHABBAT - MORNING SERVICE - TORAH SERVICE Siddur Lev Shalem for Shabbat and Festivals Copyright © 2016 by the Rabbinical Assembly

# Exodus Chapter 20 שְׁמוֹת

<b>א</b> ויִדַבּר אֶלהִים, אֵת כָּל-הַדְּבָרִים הָאֵלֶה לֵאמׂר. {ס}	<b>1</b> And God spoke all these words, saying: $\{S\}$
בּ אָנֹכִי יְהוָה אֱלֹהֶידָּ, אֲשֶׁר הוֹצֵאתִידָּ מֵאֶרֶץ מִצְרַיִם מִבֵּית אֲבָדִים: לֹא-יִהְיֶה לְדָ אֱלֹהִים אֲחֵרִים, עַל-פָּנָי.	<b>2</b> I am the LORD thy God, who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before Me.
<b>ג</b> לא-תַעֲשֶׂה לְדָּ פֶסֶל, וְכָל-תְּמוּנָה, אֲשֶׁר בַּשְּׁמַיִם מִמַּעַל, וַאֲשֶׁר בָּאָרֶץ מִתָּחַתוַאֲשֶׁר בַּמַּיִם, מִתַּחַת לָאָרֶץ.	<b>3</b> Thou shalt not make unto thee a graven image, nor any manner of likeness, of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth;
דּ לא-תִּשְׁתַּחֵוֶה לָהֶם, וְלֹא תָעָבְדֵם: כִּי אָנֹכִי יְהוָה אֱלֹהֶידָּ, אֵל קַנָּאפֹּקֵד עֲוֹן אָבֹת עַל-בָּנִים עַל-שִׁפֵּשִׁים וְעַל-רְבֵּעִים, לְשֹׂנְאָי.	<b>4</b> thou shalt not bow down unto them, nor serve them; for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate Me;
ד וְעֹשֶׂה חֶסֶד, לַאֲלָפִּיםלְאֹהֲבַי, וּלְשֹׁמְרֵי מִצְוֹתָי. {ס} <b>ה</b>	<b>5</b> and showing mercy unto the thousandth generation of them that love Me and keep My commandments. $\{S\}$
ו לא תִשָּׂא אֶת-שֵׁם-יְהוָה אֶלהֶידָּ, לַשָּׁוְא: כִּי לא יְנַקֶּה יְהוָה, אֵת אֲשֶׁר-יִשָּׂא אֶת-שְׁמו לַשָּׁוְא. {פ}	<b>6</b> Thou shalt not take the name of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh His name in vain. $\{P\}$
ז זָכוֹר אֶת-יוֹם הַשַּׁבָּת, לְקַדְּשׁוֹ.	7 Remember the sabbath day, to keep it holy.
ת שֵׁשֶׁת יָמִים תַּעֲבֹד, וְעָשִׂיתָ כָּל-מְלַאכְתֶדָ.	8 Six days shalt thou labour, and do all thy work;
<b>ט</b> וְיוֹם, הַשְּׁבִיעִישַׁבָּת, לַיהוָה אֱלֹהֶידּ : לא-תַעֲשֶׂה כָל-מְלָאכָה אַתָּה וּבִנְדּ וּבִתֶּדּ, עַבְדְדָ וַאֲמָתְדָ וּבְהֶמְתֶּדָ, וְגֵרְדָּ, אֲשֶׁר בִּשְׁעָרֶידָ.	<b>9</b> but the seventh day is a sabbath unto the LORD thy God, in it thou shalt not do any manner of work, thou, nor thy son, nor thy daughter, nor thy man-servant, nor thy maid-servant, nor thy cattle, nor thy stranger that is within thy gates;
	10 for in six days the LORD made heaven and earth, the sea, and all that in them is, and rested on the seventh day; wherefore the LORD blessed the sabbath day, and hallowed it. $\{S\}$
<b>יא</b> פַּבּד אֶת-אָבִידָּ, וְאֶת-אִמֶּדְלְמַעַן, יַאֲרְכוּן יָמֶידָ, עַל הָאֲדָמָה, אֲשֶׁר-יְהוָה אֱלֹהֶידְ נֹתֵן לָדְ. {ס}	<b>11</b> Honour thy father and thy mother, that thy days may be long upon the land which the LORD thy God giveth thee. $\{S\}$

<b>יב</b> לא תִרְצָח, {ס} לא תִנְאָף; {ס} לא תִגְנֹב, {ס} לא-תַעֲנֶה בְרֵעֲדָ עֵד שָׁקֶר. {ס}	12 Thou shalt not murder. $\{S\}$ Thou shalt not commit adultery. $\{S\}$ Thou shalt not steal. $\{S\}$ Thou shalt not bear false witness against thy neighbour. $\{S\}$
<b>יג</b> לא תַחְמֹד, בֵּית רֵעֶדּ; {ס} לא-תַחְמֹד אֵשֶׁת רֵעֶדָּ, וְעַבְדּוֹ וַאֲמָתוֹ וְשׁוֹרוֹ וַחֲמֹרוֹ, וְכֹל, אֲשֶׁר לְרֵעֶדָּ. {פ}	
<b>יד</b> וְכָל-הָעָם רֹאִים אֶת-הַקּוֹלֹת וְאֶת-הַלַּפִּידִם, וְאֵת קוֹל הַשֹּׁפָר, וְאֶת-הָהָר, עָשֵׁן ; וַיַּרְא הָעָם וַיָּנֵעוּ, וַיַּעַמְדוּ מֵרָחק.	<b>14</b> And all the people perceived the thunderings, and the lightnings, and the voice of the horn, and the mountain smoking; and when the people saw it, they trembled, and stood afar off.
<b>טו</b> וַיֹּאמְרוּ, אֶל-מֹשֶׁה, דַּבֵּר-אַתָּה עִמָּנוּ, וְנִשְׁמָעָה; וְאַל-יְדַבֵּר עִמְנוּ אֱלהִים, פֶּן-נָמוּת.	<b>15</b> And they said unto Moses: 'Speak thou with us, and we will hear; but let not God speak with us, lest we die.'
<b>טז</b> וַיּאמֶר מֹשֶׁה אֶל-הָעָם, אַל-תִּירָאוּ, כִּי לְבַאֲבוּר נַסּוֹת אֶתְכֶם, בָּא הָאֱלֹהִים ; וּבַאֲבוּר, תִּהְיֶה יִרְאָתוֹ עַל-פְּנֵיכֶם לְבִלְתִּי תֶחֶטָאוּ.	<b>16</b> And Moses said unto the people: 'Fear not; for God is come to prove you, and that His fear may be before you, that ye sin not.'
<b>יז</b> וַיַּעֲמִד הָעָם, מֵרָחֹק ; וּמֹשֶׁה נִגַּשׁ אֶל-הָעֲרָפָל, אֲשֶׁר-שָׁם הָאֱלהִים. {ס}	17 And the people stood afar off; but Moses drew near unto the thick darkness where God was. $\{S\}$
יח וַיֹּאמֶר יְהוָה אֶל-מֹשֶׁה, כֹּה תֹאמַר אֶל-בְּנֵי יִשְׂרָאֵל: אַתָּם רְאִיתֶםכִּי מִן-הַשְׁמַיִם, דְּבַּרְתִּי עִמְּכֶם.	<b>18</b> And the LORD said unto Moses: Thus thou shalt say unto the children of Israel: Ye yourselves have seen that I have talked with you from heaven.
<b>יט</b> לא תַעֲשׂוּן, אִתִּי: אֱלֹהֵי כֶּסֶף וֵאלֹהֵי זָהָב, לא תַעֲשׂוּ לָכֶם.	<b>19</b> Ye shall not make with Megods of silver, or gods of gold, ye shall not make unto you.
<b>כ</b> מִזְבַּח אֲדָמָה, תַּעֲשֶׂה-לִּי, וְזָבַחְתָּ עָלָיו אֶת-עֹלֹתֶידָ וְאֶת-שְׁלָמֶידָּ, אֶת-צֹאנְדְ וְאֶת-בְּקָרֶדְ ; בְּכָל-הַמָּקוֹם אֲשֶׁר אַזְכִּיר אֶת-שְׁמִי, אָבוֹא אֵלֶידְ וּבַרַכְתִּידָ.	<b>20</b> An altar of earth thou shalt make unto Me, and shalt sacrifice thereon thy burnt-offerings, and thy peace-offerings, thy sheep, and thine oxen; in every place where I cause My name to be mentioned I will come unto thee and bless thee.
כא וְאִם-מִזְבַּח אֲבָנִים תַּעֲשֶׂה-לִּי, לֹא-תִבְנָה אֶתְהֶן גָּזִית : כִּי חַרְבָּדְ הַנַפְתָּ עָלֶיהָ, וַתְּחַלְלֶהָ.	<b>21</b> And if thou make Me an altar of stone, thou shalt not build it of hewn stones; for if thou lift up thy tool upon it, thou hast profaned it.
<b>כב</b> וְלֹא-תַעֲלֶה בְמַעֲלֹת, עַל-מִזְבְּחִי: אֲשֶׁר לֹא-תִגָּלֶה עֶרְוָתְדָּ, עָלָיו. {פ}	22 Neither shalt thou go up by steps unto Mine altar, that thy nakedness be not uncovered thereon. $\{P\}$

# Shavuot: Another Perspective

The Torah—the distinctive way of life of the Jewish people—is part of a covenant with all people. This particular people has committed to journey through history, exploring paths and modeling moments of perfection. But the testimony and example are for the sake of humanity.

—IRVING GREENBERG

### Sukkot

Full moon, full harvest, full hearts. As the moon of Tishrei draws to fullness, we are ready to celebrate Sukkot-the Festival of Huts. We have experienced the moment of rebirth, the rediscovery of our true identity, the reexamination of our selves, the return to our true path—at Rosh Hashanah, the moment of new moon. We have experienced the moment of intense contact and reconciliation with God on Yom Kippur, in the swelling of the moon. And now at the full moon, we celebrate Sukkot—the festival of fulfillment, of gathering in the benefits

that flow from repentance and forgiveness. The harvest that takes the form of joy and *shalom*, harmony, in the world.

But Sukkot is not only the fulfillment of the moon of Tishrei. It is also the fulfillment of the yearly cycle of the sun. All the sun's work upon the earth comes to fullness as the harvest ripens and is gathered in... As the moon has rewarded our celebration of her birth and growth by bursting into a glowing perfect circle, so the earth rewards our care of seed and stalk by bursting into ripened fruit and grain.

-ARTHUR WASKOW

## The words in brackets are added when a Festival falls on Shabbat.

Lovingly, You have bestowed on us, ADONAI our God, [Shabbat for rest,] festivals for joy, holidays and occasions to delight in, among them this [Shabbat and this]

*On Pesah:* Festival of Matzot, season of our liberation, *On Shavuot:* Festival of Shavuot, season of the giving of our Torah,

On Sukkot: Festival of Sukkot, season of our rejoicing, On Sh'mini Atzeret and Simhat Torah: Festival of Sh'mini Atzeret, season of our rejoicing,

[with love,] a sacred day, a symbol of the exodus from Egypt.

Our God and God of our ancestors, may the thought of us rise up and reach You. Attend to us and accept us; hear us and respond to us. Keep us in mind, and keep in mind the thought of our ancestors, as well as the Messiah, the descendant of David; Jerusalem, Your holy city; and all Your people, the house of Israel. Respond to us with deliverance, goodness, compassion, love, life, and peace, on this

On Pesah: Festival of Matzot. On Shavuot: Festival of Shavuot. On Sukkot: Festival of Sukkot.

On Sh'mini Atzeret and Simhat Torah: Festival of Sh'mini Atzeret.

Remember us for good; respond to us with blessing; redeem us with life. Show us compassion and care with words of kindness and deliverance; have mercy on us and redeem us. Our eyes are turned to You, for You are a compassionate and caring sovereign. The words in brackets are added when a Festival falls on Shabbat.

וַתִּתֶּן־לְנוּ יהוה אֶלֹהֵינוּ בְּאַהֲכָה [שַׁבָּתוֹת לִמְנוּחָה וּ]מוֹעֲדִים לְשָׁמְחָה, חַגִּים וּזְמַנִּים לְשָׁשׁוֹן, אֶת־יוֹם [הַשַּׁבָּת הַזֶּה וְאֶת־יוֹם]

> On Pesaḥ: חַג הַמַּצוֹת הַזֶּה, זְמַן חֵרוּתֵנוּ, On Shavuot: חַג הַשָּׁכֻעוֹת הַזֶּה, זְמַן מַתַּן תּוֹרָתֵנוּ, On Sukkot: חַג הַסֻּכּוֹת הַזֶּה, זְמַן שִׂמְחָתֵנוּ, הַשְּׁמִינִי, חַג הָעֲצֶרֶת הַזֶּה, זְמַן שִׂמְחָתֵנוּ, הַשְּׁמִינִי, חַג הָעֲצֶרֶת הַזֶּה, זְמַן שִׂמְחָתֵנוּ,

אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], יַעֲלֶה וְיָבֹא, וְיַגִּיעַ וְיֵרָאֶה, וְיֵרָצֶה וְיִשָּׁמַע, וְיִפְּקֵד וְיִדְּכֵר זִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ, וְזִכְרוֹן אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], וְזִכְרוֹן מָשֶׁיחַ בֶּן־דָּוִד עַבְדֶּךּ, וְזִכְרוֹן יְרוּשָׁלֵיִם עִיר קָדְשֶׁךּ, וְזִכְרוֹן בְּל־עַמְך בֵּית יִשְׁרָאֵל לְפָנֶיךּ, לִפְלֵיטָה, לְטוֹבָה, לְחֵן וּלְחֶסֶד וּלְרַחֲמִים, לְחַיִּים וּלְשָׁלוֹם, בְּיוֹם

On Pesa<u>ḥ</u>:

חַג הַמַּצוֹת הַזֶּה.

On Shavuot:

חַג הַשָּׁבֻעוֹת הַזֶּה.

On Sukkot:

חַג הַסָּכּוֹת הַזֶה.

On Sh'mini Atzeret and Simhat Torah: הַשְׁמִינִי, חֵג הָעֲצֶצֶרֶת הַזֶּה.

זְּכְרֵנוּ, יהוה אֶלהֵינוּ, בּוֹ לְטוֹבָה, וּפְּקְדֵנוּ בוֹ לִבְרָכָה, וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. וּבִדְבַר יְשׁוּעָה וְרַחֲמִים, חוּס וְחָנֵנוּ, וְרַחֵם עָלֵינוּ וְהוֹשִׁיעֵנוּ, כִּי אֵלֶיךּ עֵינֵינוּ, כִּי אֵל מֵלֶך חַנּוּן וִרַחוּם אֶתָּה. **WITH LOVE** הְאַהֲבָה. Shabbat is seen as a special and loving gift given to us by God.

MAY THE THOUGHT OF US RISE UP AND REACH YOU . This paragraph asks God to keep certain things in mind, naming objects of remembrance that move from the present, us, to the past, our ancestors, and then to future hope: the redemption of the people Israel. וְהַשִּׁיאֵנוּ יהוה אֶלֹהֵינוּ אֶת בִּרְפַּת מוֹעֲדֶיהָ, לְחַיִּים וּלְשָׁלוֹם, לְשִׁמְחָה וּלְשָׁשׁוֹן, פַּאֲשֶׁר רָצִית וְאָמֵרְתָ לְבָרְכֵנוּ. אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], [רְצֵה בִמְנוּחָתֵנוּ,] קַדְּשֵׁנוּ בְּמִצוֹתֶיהָ, וְתֵן חֶלְמֵנוּ בְּתוֹרָתֶהָ שַּׁבְעֵנוּ מִסוּבֶהָ וְשַׁמְחֵנוּ בִישׁוּעָתֶךָ, שַּׁבְעֵנוּ מִסוּבֶרָ וְשַׁמְחֵנוּ בִישׁוּעָתֶךָ, וְסַהֵר לִבְנוּ לְעָרְדָּךָ בָּאֶמֶת, וְסַהֵר לִבְנוּ לְעָרְדָרָ בָּאֶמֶת, וְסַהֵר לִבְנוּ יהוה אֱלֹהֵינוּ [בְּאַהֲכָה וּרְרָצוֹן] וְהַנְחִילֵנוּ יהוה אֱלֹהֵינוּ [שַׁבָּת וּ]מוֹעֲדִי קִדְשֶׁרָ בְּשִׁמְחוּ בְרַ יִשְׁרָאֵל מְקַדְּשֵׁי שְׁמֵהָ בְּרוּהַ אַתָּה יהוה, מְקַדֵּשׁ [הַשַּׁבָּת וְ]יִשְׁרָאֵ

> ְרְצֵה, יהוה אֱלֹהֵינוּ, בְּעַמְּרָ יִשְׂרָאֵל וּבִתְפִלָּתָם, וְהָשֵׁב אֶת־הָעֲבוֹדָה לִדְבִיר בֵּיתֶרָּ, וּתְפִלָּתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן, וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּרָ.

> > וְתֶחֶזֶינָה עֵינֵינוּ בְּשׁוּרְךָ לְצִיּוֹן בְּרַחֲמִים. בָּרוּך אַתָּה יהוה, הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן.

RESTORE WORSHIP TO YOUR

**SANCTUARY** וְהָשֶׁב אֶת־. The dream of a rebuilt Temple is a dream of the time when those worshipping there experienced such joy and awe that everyone felt spiritually fulfilled and cleansed. We pray that such a moment may be ours, too.

#### YOUR DIVINE PRESENCE

שְׁרְיָתוֹ According to the tradition, all of Israel who were able went up to Jerusalem for the pilgrimage festivals. In Jewish memory, these occasions were seen as times when all the tribes, all of Israel, acted as one. That fellowship invited the Divine Presence to dwell among them.

## Sukkot: Another Perspective

Sukkot reminds us that ultimate security is found not within the walls of our home but in the presence of God and one another. Indeed, there is a midrash that says that sukkot are not buildings at all but rather the glory of God. This holiday helps us understand that sometimes the walls we build to protect us serve instead to divide us, cut us off, lock us in. The walls of our sukkot may make us vulnerable, but they make us available, too, to receive the kindness and the support of one another, to hear when another calls out in need, to poke our heads in to see whether anybody is up for a chat and a cup of coffee. In contrast, our walls of concrete and steel can enslave us in our own

ADONAI our God, grant the blessing of Your festivals to us: life and peace, joy and delight, as it pleased You to promise to bless us. Our God and God of our ancestors, [embrace our rest;] make us holy through Your mitzvot and let the Torah be our portion. Fill our lives with Your goodness and gladden us with Your deliverance. Purify our hearts to serve You truly.

Kad'sheinu b'mitzvotekha v'tein helkeinu b'toratekha, sabeinu mi-tuvekha v'samheinu bishuatekha, v'taher libeinu l'ovd'kha be-emet.

ADONAI our God, [loving and willingly] grant that we inherit Your holy [Shabbat and] festivals, that the people Israel, who make Your name holy, may rejoice with You. *Barukh atah ADONAI*, who makes [Shabbat,] Israel and the festivals holy.

# Fifth B'rakhah: The Restoration of Zion

ADONAI our God, embrace Your people Israel and their prayer. Restore worship to Your sanctuary. May the prayers of the people Israel be lovingly accepted by You, and may our service always be pleasing. May our eyes behold Your compassionate return to Zion. *Barukh atah ADONAI*, who restores Your Divine Presence to Zion.

solitude and loneliness. Sukkot reminds us that freedom is enjoyed best not when we are hidden behind our locked doors but rather when we are able to open our homes and our hearts to one another.

-NINA BETH CARDIN

### Sh'mini Atzeret and Simhat Torah

To be given a Torah to hold is to be given a license to dance. The first time is often a moment of elation as well as a rite of adulthood, like being given the keys to the family car. The one with the Torah leads the dancing but must also be careful not to drop or mishandle the scroll. Supportive and encouraging, the congregation dances—with abandon and love, with joy and energy. But, sooner or later the singing and dancing must stop. We open to the last *parashah* of Deuteronomy and feel the sadness of the Israelites as they watched Moses ascend the mountain, this time never to return. Yet, we put aside our sadness and begin again.

-NINA BETH CARDIN

### Embrace Your People

Jewish tradition has dreams, not illusions. It knows that the world is not now a Garden of Eden. Redemption is a statement of hope. The Torah offers a goal worthy of human effort, to be realized over the course of history. Through the Jewish way of life and the holidays, the Torah seeks to nurture the infinite love and unending faith needed to sustain people until perfection is achieved. It becomes even more necessary to develop staying power—for beyond Judaism's incredible statement that life will totally triumph, it makes an even more remarkable claim... The ultimate goal will be achieved through human participation. The whole process of transformation will take place on a human scale. Human models, not supernatural beings, will instruct and inspire humankind as it works toward the final redemption. Realization of perfection will come not through escape from present reality to some idealized utopia, but by improving this world, one step at a time. Universal justice will be attained by starting with the natural love and responsibility for one's family, then widening the concern to include one's people, and eventually embracing the whole world.

-IRVING GREENBERG

# סדר הלל

Hallel

# Hallel is recited while standing. The leader recites the following b'rakhah, which is then repeated by the congregation:

*Barukh atah ADONAI*, our God, sovereign of time and space, who has provided us with a path to holiness through the observance of mitzvot and instructed us to recite the psalms of joyful praise, the Hallel. Barukh atah adonai eloheinu melekh ha-olam, asher kid'shanu b'mitzvotav y'tziyanu likro et ha-hallel.

HALLELUYAH—joyfully praise God! Celebrate, O faithful servants of Adonai; celebrate Adonai's name. May the name of Adonai be blessed, now and forever. From the east, where the sun rises, to where the sun sets, may the name of Adonai be acclaimed. High above every nation is Adonai, beyond the heavens is God's glory. Who is like Adonai our God?—enthroned on high, stooping down to look upon earth and sky,

raising the poor from the dust,

### m'kimi mei-afar dal

the impoverished from the dung heap, seating them with nobles, the nobility of God's people, installing the barren woman of the house as a joyful mother of children. Halleluyah—joyfully praise God!

WHEN THE PEOPLE Israel came out of Egypt, the house of Jacob from a foreign nation, Judah became God's holy place, the people Israel became God's dominion.

Seeing them, the sea took flight, the Jordan flowed backward; mountains pranced like rams, hills like new-born lambs.

O sea, why run away? Jordan, why flow backward?
 Mountains, why prance like rams? Hills, why dance like lambs?

Earth, shake before your Master's presence, tremble before the God of Jacob, who turns mountain peaks to pools, flint to fountains.

B'tzeit yisrael mi-mitzrayim, beit yaakov mei-am lo-eiz. Haitah yehudah l'kodsho, yisrael mamsh'lotav. Hayam ra-ah va-yanos, ha-yarden yisov l'aḥor. He-harim rakdu kh'eilim, g'va-ot kivnei tzon.

Mah l'kha hayam ki tanus, ha-yarden tisov l'ahor. He-harim tirk'du kh'eilim, g'va ot kivnei tzon. Mi-lifnei adon huli aretz, mi-lifnei elo ah yaakov, hahof khi ha-tzur agam mayim, halamish l'maino mayim.

Psalm 114

Hallel is recited while standing. The leader recites the following b'rakhah, which is then repeated by the congregation:

בָּרוּף אַתָּה יהוה אֶלֹהֵינוּ מֶלֶך הָעוֹלָם, אֲשֶׁר קִדְּשֶׁנוּ בְּמִצְוֹתִיו, וְצוֵּנוּ לִקְרֹא אֶת־הַהֵלֵל.

# לוּיָה.

הַלְּלוּ עַבְדֵי יהוה, הַלְלוּ אֶת־שֵׁם יהוה. יְהִי שֵׁם יהוה מְבֹרָךּ, מֵעַתָּה וְעַד עוֹלָם. מִמִּזְרַח שֶׁמֶשׁ עַד מְבוֹאוֹ, מְהֻלָּל שֵׁם יהוה. רָם עַל כְּל־גּוֹיִם יהוה, עַל הַשָּׁמֵיִם כְּבוֹדוֹ. מִי כַּיהוה אֶלהֵינוּ, הַמַּרְבִּיהֵי לָשֶׁבֶת. הַמַּשְׁפִּילִי לְרְאוֹת, בַּשָּׁמֵיִם וּבָאֶרֶץ. < מְקִימֵי מֵעָפָר דָּל, מֵאַשְׁפּׁת יִרִים אֶבְיוֹן. לְהוֹשִׁיבִי עָם נְדִיבִים, עם נְדִיבֵי עַמוֹ. מוֹשִׁיבִי עֲקֶרֶת הַבֵּיִת, אֵם הַבָּנִים שְׂמֵחָה. הַלְלוּיָה.

בְּצָאַת יִשְׂרָאֵל מִמִּצְרֵיִם, בֵּית יַעֲקֹב מֵעַם לֹעֵז.
 הָיְתָה יְהוּדָה לְקָדְשׁוֹ, יִשְׁרָאֵל מַמְשְׁלוֹתִיו.
 הַיְתָה יְהוּדָה לְקָדְשׁוֹ, יִשְׁרָאֵל מַמְשְׁלוֹתִיו.
 הַיָּם רָאָה וַיָּנס, הַיַּרְבֵּן יִסֹב לְאָחוֹר.
 הָהָרִים רָקְדוּ כְאֵילִים, גְּבָעוֹת בִּבְנֵי צֹאן.
 מַה לְךָ הַיָּם בִּי תָנוּס, הַיַּרְבֵּן תִּסֹב לְאָחוֹר.
 מַה לְךָ הַיָּם בִּי תָנוּס, הַיַּרְבֵּן יִסֹב לְאָחוֹר.
 מַה לְךָ הַיָם בִּי תָנוּס, הַיַּרְבֵּן תִּסֹב לְאָחוֹר.
 מַה לְךָ הַיָּם בִּי תָנוּס, הַיַּרְבֵּן תִּסֹב לְאָחוֹר.
 מָה לְךָ הַיָּם בִי תָנוּס, הַיַּרְבֵּן מִסֹב לְאָחוֹר.
 מָה לְרָ הַיָּם בְּיָחוֹן הוּלִי אֶרֶץ, מִלִּפְנֵי אֶלְוֹהַ יַעֲקֹב.
 הַהפְּכִי הַצוּוּר אֲנַם מֵיִם, חַלָּמִישׁ לְמַעְיְנוֹ מֵיִם.

HALLEL, comprising Psalms 113-118, is a collection of psalms of celebration recited on joyous occasions: Rosh Hodesh, Pesah, Shavuot. Sukkot. Hanukkah. and Yom HaAtzmaut. It is also included in the Pesah seder, where it is divided into two parts that surround the meal. The connection to Pesah is not incidental. In addition to the reference to the exodus in Psalm 114 ("When Israel came out of Egypt..."), the elevation of the oppressed and lowly to a place of honor is a recurring theme in Hallel and is the focus of Hallel's opening, Psalm 113. Communal themes continue in Psalm 114 and 115, and then switch in Psalm 116. which speaks of personal suffering and healing: the author appears to be recovering from a terrible illness. By using the theme of the exodus as a metaphor for all celebratory moments, Hallel extends the notion of redemption to include both moments of leaving behind oppression and also moments of overcoming personal or communal tragedy or psychological dejection-and thus of entering into a world of freedom and renewal.

**PSALM 113** praises God as caring for the downtrodden. The midrash takes it as a psalm recited in Egypt on the night of the plague of the killing of the firstborn. It was, said the ancient rabbis, the first instance since creation in which anyone had praised God. Who did so? The long-enslaved Israelites praised God when they ceased being slaves to Pharaoh and became servants of God. (*Reuven Hammer, based on Midrash Psalms*)

celebrate הַלָּלו. The Hebrew word implies something akin to the praise offered an honoree or host at a festivity.

**PSALM 114**. Here, all of creation participates in the exodus from Egypt. The miraculous events attached to the exodus and the march in the desert are seen as cosmically reflecting God's relation to the people Israel.

A FOREIGN NATION מֵעֵם לעֵז. Literally, "a people speaking a foreign tongue."

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316 שחרית ליום טוב וראש חודש - הלל

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The following paragraph is omitted on Rosh Hodesh and the last six days of Pesah.

NOT TO US ADONAI, not to us, but to Your own name give glory, that You may be known as faithful and kind. Why should nations say, "Where is their God?" You are in heaven, doing whatever You will. Their idols are made of silver and gold the work of human hands-with mouths that cannot speak, eves that cannot see, ears that cannot hear, a nose that cannot smell, hands that cannot touch, feet that cannot walk, throats that utter no sound. Their creators shall suffer that fate—all who have faith in them. ▶ People of Israel, trust in ADONAI, Israel's protector and shield; house of Aaron, trust in ADONAI, Aaron's protector and shield; all who revere ADONAI, trust in ADONAI, your protector and shield. Atzabeihem kesef v'zahav, ma·aseih v'dei adam. Peh lahem v'lo y'dabeiru, einayim lahem v'lo yiru. Oznayim lahem v'lo yishma·u, af lahem v'lo y'rihun. Y'deihem v'lo y'mishun, ragleihem v'lo y'haleikhu, lo yehgu bigronam. K'mohem yihyu oseihem, kol asher botei aḥ bahem. Yisrael b'tah badonai, ezram u-maginam hu. Beit aharon bit·hu vadonai, ezram u-maginam hu. Yirei Adonai bit hu vadonai, ezram u-maginam hu.

Adonai, remembering us, will bless: will bless the house of Israel, will bless the house of Aaron, will bless those who revere ADONAI, the lowly and the great. ADONAI will add to your blessings—yours and your children. For you are blessed by ADONAI, who formed heaven and earth: ▶ the heavens are God's, the earth is given to human beings. The dead do not celebrate God, nor any who go down to the grave, but we shall bless God, now and always. Halleluyah—joyfully praise ADONAI! Adonai zekharanu y'varekh, y'varekh et beit yisrael, y'varekh et beit aharon. Y'varekh virei Adonai, ha-k'tanim im ha-g'dolim. Yosef Adonai aleikhem, aleikhem v'al b'neikhem. B'rukhim atem ladonai, oseh shamayim va-aretz. Ha-shamayim shamayim ladonai, v'ha-aretz natan livnei adam.

Lo ha-meitim y'hal'lu yah v'lo kol yordei dumah.

Va-anaḥnu n'varekh yah mei-atah v'ad olam. Halleluyah. Psalm 115 The following paragraph is omitted on Rosh Hodesh and the last six days of Pesah.

לֹא לֵנוּ יהוה, לֹא לֵנוּ, כִּי לְשָׁמְךָ תֵן כָּבוֹד,
עַל חַסְדְךָ עַל אֲמִתֶּךָ.
לֵמֶה יֹאמְרוּ הַגּוֹיִם, אַיֵה נָא אֱלֹהֵיהֶם.
וֵאלֹהֵינוּ בַשָּׁמֵיִם, כּל אֲשֶׁר חָפֵץ עָשָׂה.
עֲצַבֵּיהֶם כֶּסֶך וְזָהָב, מַעֲשֵׁה יְדֵי אָדָם.
שְצַבֵּיהֶם כֶּסֶר וְזָהָב, מַעֲשֵׁה יְדֵי אָדָם.
כָּהָם וְלֹא יְדַבֵּרוּ, עֵינַיִם לָהֶם וְלֹא יִרְאוּ.
כָּהָם וְלֹא יְדַבֵּרוּ, עֵינַיִם לָהֶם וְלֹא יִרְאוּ.
כְּהָם וְלֹא יְדַבֵּרוּ, עֵינַיִם לָהֶם וְלֹא יִרָאוּ.
כְּהָם וְלֹא יְדַבֵּרוּ, עֵינַיִם לָהֶם וְלֹא יִרָאוּ.
כְּהָם וְלֹא יִשְׁמֵעוּ, אַף לָהֶם וְלֹא יְרָאוּ.
כְהָהוּן וֹא יְמִישׁוּן, רַגְלֵיהֶם וְלֹא יְהַלֵּכוּ, לֹא יֶהְגוּ בִּגְרוֹנָם.
כְהָמוֹהֶם יְהִיוּ עֹשֵׁיהֶם, כֹּל אֲשֶׁר בֹּטֵחַ בָּהָם.
יְשָׁרָאַל בְּטַח בִּיהוה, עָזְרָם וּמָגנּם הוּא,
ישָׂרָאֵל בְּטַח בִיהוה, עָזְרָם וּמָגנָם הוּא,

יהוה זְכָרֲנוּ יְבָרֵהְ יְבָרֵהְ אֶת־בֵּית יִשְׂרָאֵל, יְבָרֵהְ אֶת־בֵּית אַהֲרֹן. יְבָרֵהְ אֶת־בֵּית אַהֲרֹן. יֹםֶף יהוה עֲלֵיכֶם, עֲלֵיכֶם וְעַל בְּנֵיכֶם. בְּרוּכִים אַתֶּם לַיהוה, עַשֵׁה שָׁמַיִם וָאֶרֶץ, גָּרוּכִים אַתֶּם לַיהוה, וְהָאֶרֶץ נָתַן לִבְנֵי אָדָם. השָׁמַים יָהַלְלוּ יָה וְלֹא בָּל־יְרֵדִי דוּמָה, וַאֲנַחְנוּ נְבָרֵךְ יָה מֵעַתָּה וְעַד עוֹלָם. הַלְלוּיָה. HATZI HALLEL. On Rosh Hodesh and the last six days of Pesah, a shorter version of Hallel, called Hatzi Hallel or "Partial Hallel," is recited. Originally Hallel was recited only on the three festivals (Pesah, Shavuot, and Sukkot) and Hanukkah (which was patterned after Sukkot). Hallel was not recited on the last six days of Pesah, because there were no unique Temple ceremonies on those days, as there were on each of the days of Sukkot. The Partial Hallel is a creation of the Jews of Babylonia, who expanded the liturgy in this way on festive days when Hallel was not recited in the Temple. In order to signify the difference between these days and the others, the first half of Psalms 115 and 116 was omitted (Baby-Ionian Talmud, Ta·anit 28b). Later. midrashic reasons were given for this practice—for example, noting that because the miracle of the exodus was achieved through violence (with the drowning of the Egyptians in the sea), our joy in this moment is diminished and we therefore do not recite the full Hallel. (Reuven Hammer, adapted)

PSALM 115. Beginning with

Psalm 115, Hallel introduces a plea for God's continuing role in our lives. This psalm has two distinct stanzas, which in the recitation in the synagogue become almost separate poems. The first is an extended argument on the uselessness of idols, ending with a call to both priests and laypeople to trust in God. The second offers assurance of God's continued blessing of the people. The psalm concludes with the affirmation that God will indeed bless all who are alive. God's deliverance during the exodus from Egypt becomes a model for God's deliverance in any time of trouble.

**THOSE WHO REVERE ADONAI רְיָאוֹי הוווו**. Commentators have offered two ways of understanding this phrase. It may refer to the collectivity of the assemblage: first the priests are addressed and then the laypeople; and finally, with this phrase, the group as a whole. Some see the term as referring to those who were not Israelites but were "God-fearing" and who joined in the celebration. In this understanding, the Temple service addressed non-Jews who joined in Jewish worship, blessed them, and asked that they too respond to the priests' call.

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# The following paragraph is omitted on Rosh Hodesh and the last six days of Pesah.

I AM FILLED with love, for indeed, ADONAI heard my pleading voice, turned an ear to me, in the days I called out.
Though the pangs of death embraced me, and the earth's deep sought me out, though I met trouble and pain, I called upon the name of ADONAI: "Please, ADONAI, save my life!" ADONAI is kind and righteous; our God is compassionate, guarding even the foolhardy.
Though I was brought low, God saved me.
"Be at ease," I said to myself, "for ADONAI has done this for you." You have saved me from death, my eyes from tears, my feet from stumbling;
I shall walk in God's presence in the land of the living.
I had faith in God and declared it, even as I suffered greatly and called out in my delirium: "Everyone deceives."

How CAN I REPAY ADONAI for all that has been done for me? I raise up the cup of deliverance, and call out the name: ADONAI. I shall fulfill my vows to ADONAI in front of all of God's people. How grave in ADONAI's sight is the death of the faithful! Surely, ADONAI, I am Your servant, I am the servant born of Your maidservant— You have untied the bonds that bound me. Anah Adonai ki ani avdekha, ani avd'kha ben amatekha, pitaḥta I'moseirai.

It is to You that I sacrifice a thanksgiving offering, and call upon the name of ADONAI.
I shall fulfill my vows to ADONAI in the presence of the entire people of God, in the courtyards of ADONAI's house, in your midst, O Jerusalem. Halleluyah—joyfully praise God!
L'kha ezbah zevah todah u-v'shem Adonai ekra.
N'darai ladonai ashalem negdah na l'khol amo.
B'hatzrot beit Adonai, b'tokheikhi yerushalayim, halleluyah.

Psalm 116

The following paragraph is omitted on Rosh Hodesh and the last six days of Pesah.

אָהַבְתִּי כִּי יִשְׁמַע יהוה אֶת־קוֹלִי תַּחֲנוּנִי.
כִּי הָטָה אָזְנוֹ לִי וּבְיָמֵי אֶקְרָא.
אֲכָפְוּנִי חֶבְלֵי מֶוֶת וּמְצָרֵי שָׁאוֹל מְצָאְוּנִי,
אֲכָפְוּנִי חֶבְלֵי מֶוֶת וּמְצָרֵי שָׁאוֹל מְצָאְוּנִי,
צָרָה וְיָגוֹן אֶמְצָא, וּבְשָׁם יהוה אֶקְרָא,
אָנָה יהוה מַלְטָה נַפְשָׁי.
שָׁנוּן יהוה וְצַדִּיק, וֵאלֹהֵינוּ מְרַחֵם,
שַׁנוּן יהוה וְצַדִּיק, וֵאלֹהֵינוּ מְרַחֵם,
שַׁנוּן יהוה וְצַדִּיק, וֵאלֹהֵינוּ מְרַחֵם,
שַׁנוּן יהוה נְמַשִׁי, וּבְשָׁם יהוה גָּמְרָחֵם,
שָׁנוּן יהוה וְצַדִּיק, וֵאלֹהֵינוּ מְרַחֵם,
שַׁנוּן יהוה וְצַדִּיק, וֵאלֹהֵינוּ מְרַחֵם,
שַׁנוּן יהוה נְמַלְטָה נַפְשָׁי.
שָׁנִי יְהוֹשִׁיעַ,
שוּבִי נַפְשָׁי מִמֶוֶת,
שָׁנְרִי נְמָשִׁי מִמֶוֶת,
אֶתִרעֵינִי מו דִּמְעָה, אֶת־רַגְלִי מִדֶּחִי.
אֶתְהַלֵּךְ לִפְנֵי יהוה בְּאַרְצוֹת הַחִיִים.
אֶתְיהַלֵּך לִפְנֵי יהוה בְּאַרְצוֹת הַחַיִים.

מָה אָשִׁיב לַיהוה, בָּל־תַּגְמוּלְוֹהִי עָלָי. בּּוֹס יְשׁוּעוֹת אֶשָּׂא, וּרְשֵׁם יהוה אֶקָרָא. נְדָרַי לַיהוה אֲשַׁלֵם נֶגְדָה נָּא לְכָל־עַמּוֹ. יָקָר בְּעֵינֵי יהוה הַמֵּוְתָה לַחֲסִידִיו. אָנֶּה יהוה בִּי אֲנִי עַרְדֶּרָ, אֲנִי עַרְדְּרָ בֶּן־אֲמָתֶרָ, פִּתַּחְתָּ לְמוֹסֵרָי. לְךָ אֶזְבַח זֶבַח תּוֹדָה וּרְשֵׁם יהוה אֶקָרָא. נְדָרַי לַיהוה אֲשַׁלֵם, נָגְדָה נָּא לְכָל־עַמּוֹ. בְּחַצְרוֹת בֵּית יהוה, בְּתוֹכֵכִי יְרוּשָׁלֵיִם. הַלְלוּיָה. **PSALM 116.** The previous psalm told of God's rescue of the people Israel and the exodus from Egypt; now, Psalm 116 tells the story of rescue from the point of view of a single individual who has suffered and has returned to health. The psalm is also the story of faithfulness, even under the worst of circumstances.

When Hallel is shortened, the first eleven verses of Psalm 116—verses mentioning illness and distress —are left out; only the second half of the psalm words offering thanksgiving—is recited.

ו SHALL WALK IN GOD'S PRESENCE אֶתְהַלֵּךְ לִפְנֵי The language here may echo the command to Abraham, "walk in My presence and be wholehearted" (Genesis 17:1). Just as Abraham received God's blessing, so too does the psalmist, who has been faithful to God.

person. For instance, they viewed as a sinner the Hebrew slave who insisted on remaining in his master's possession even after his term of indenture was up. Similarly, the morning blessings include thanksgiving to God "who made me free."

של אימַרָי לאראפא. Or "harness." The Hebrew word refers to the straps that tie down the burden an animal carries on its back.

 JOYFULLY PRAISE ADONAI, all you nations, extol God all you peoples; for God has overwhelmed us with kindness and love, and ADONAI's faithfulness endures forever. Halleluyah—joyfully praise God! Hallelu et Adonai kol goyim, shabhuhu kol ha-umim. Ki gavar aleinu hasdo, ve-emet Adonai l'olam. Halleluyah.

Psalm 117

Each of the following four verses is chanted first by the leader and then repeated by the congregation, verse by verse. Some follow the practice of the congregation repeating the entire first line ("Give thanks...") after each verse recited by the leader.

Give thanks to ADONAI who is good; God's love and kindness endure forever.
Let the house of Israel declare: God's love and kindness endure forever.
Let the house of Aaron declare: God's love and kindness endure forever.
Let those who revere ADONAI declare: God's love and kindness endure forever.

Hodu ladonai ki tov, ki l'olam hasdo.
Yomar na yisrael, ki l'olam hasdo.
Yomru na veit aharon, ki l'olam hasdo.
Yomru na yirei Adonai, ki l'olam hasdo.

TORMENTED, I cried to Adonai, God answered me with open arms. Min ha-meitzar karati yah, anani va-merhav yah.

ADONAI is with me, I do not fear; what can anyone do to me? With ADONAI as my help, I face my enemies. Better to depend on ADONAI than on human beings; better to depend on ADONAI than on the prominent and powerful. If any nation surrounds me, with God's name I shall cut them down. Though they surround and encircle me, with God's name I shall cut them down. Though they swarm round me like bees, they shall be stamped down like thorns on fire, for with God's name, I shall cut them down. Though I be pushed and stagger, ADONAI shall be my help.

continued

# <u>הַלְלוּ</u> אֶת־יהוה, כְּל־גּוֹיִם, שַׁבְּחְוּהוּ, כְּל־הָאֻמִּים. כִּי גָבַר עָלֵינוּ חַסְדּוֹ, וֶאֶמֶת יהוה לְעוֹלָם, הַלְלוּיָה. <sup>תהלים קיו</sup>

Each of the following four verses is chanted first by the leader and then repeated by the congregation, verse by verse. Some follow the practice of the congregation repeating the entire first line (הודו) after each verse recited by the leader.

אַ הוֹדוּ לַיהוה כִּי טוֹב, כִּי לְעוֹלָם חַסְדּוֹ.
 הוֹדוּ לַיהוה כִּי טוֹב, כִּי לְעוֹלָם חַסְדּוֹ.
 יֹאמַר נָא יִשְׂרָאֵל, כִּי לְעוֹלָם חַסְדּוֹ.
 יֹאמְרוּ נָא יִרְאֵי יהוה, כִּי לְעוֹלָם חַסְדּוֹ.

מן הַמַּצַר קָרֵאתִי יָּה, עָנֵנִי בַמֶּרְחָב יָה. יהוה לִי לֹא אִירָא, מַה יַעֲשָׂה לִי אָדָם. יהוה לִי בְּעֹזְרִי, וַאֲנִי אֶרְאֶה בְשֹׂנְאָי. טוֹב לַחֲסוֹת בַּיהוה, מִבְּטֹחַ בָּאָדָם. טוֹב לַחֲסוֹת בַּיהוה, מִבְּטֹחַ בָּנְדִיבִים. סַבְּוּנִי נַם סְבָבְוּנִי, בְּשֵׁם יהוה כִּי אֲמִילַם. סַבְּוּנִי נַם סְבָבְוּנִי, בְּשֵׁם יהוה כִּי אֲמִילַם. סַבְּוּנִי כִדְבֹרִים דֹעֲכוּ בְּשֵׁם יהוה עָזָרֵנִי. בְּשֵׁם יהוה כִּי אֲמִילַם. בְּשֵׁם יהוה כִּי אֲמִילַם. בָּשׁם יהוה כִּי אֲמִילַם. בָּחֹה דְחִיתַנִי לְנְפֹּל, וַיהוה עַזְרֵנִי.

PSALM 118 is composed of several sections. It begins with an opening call and response, proclaiming God's enduring love. In the next section, the poet praises God after having recovered from the depths of despair or a life-threatening event-an illness, or perhaps an attack by an enemy. A section filled with expressions of thanks follows. The devotee then enters God's Temple, calling on God for further help, and ends by expressing thankfulness. In the formal synagogue recitation of Hallel, each of these sections is experienced separately; in many medieval manuscripts of the Book of Psalms, the different sections appear as separate psalms.

GIVE THANKS TO ADONAI הודָו לֵיהוָה. There are a variety of traditions for how exactly the interplay between leader and congregation is to proceed; already in the Mishnah, there is an acknowledgment that different communities have different traditions for the

antiphonal recitation of Hallel (Sukkah 3:11). It is preferable to follow the earlier rabbinic preference, in which the congregation repeats each line after the leader, verse by verse. However, according to an alternative medieval practice, the congregation responds with the first line—*Hodu ladonai* ("Give thanks to Adonai")—after each verse recited by the leader. Local custom determines how these lines should be chanted.

**TORMENTED . . . OPEN ARMS** מִן הַמֵּצָה. . בְמֶרְחָב יָה. The Hebrew play on words is difficult to capture in English. *Meitzar*, translated here as "tormented" and by some as "distress," literally means "a narrow or tight place." *Merḥav*, its antonym, translated here as "open arms," might literally be translated as "expansiveness." The experience of rescue and redemption is a journey from narrowness and constriction—a feeling of being tied in knots—to wide expanse—being untied and allowed to stretch out fully. The Hebrew is ambiguous about whether it is God who answers "expansively" or whether the supplicant is now able to have an open heart.

**ו SHALL CUT THEM DOWN**. The Hebrew root is uncertain. It may derive from the preposition *mul* (that is: those who stand over against me). Our translation takes it from the verbal root *mul*, "cut off," as in its use in connection with circumcision, *b'rit milah*. Alternatively, it may also derive from *millel*, "speak"; it would then have the meaning "I quieted them" (literally, "I shut them up").

**THORNS ON FIRE** בְאַשׁ קוֹצִים. The fire will be put out quickly and easily, for it is fed only by thin needles. The image of thorns is apt, since the line begins with an image of being surrounded by bees.

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ADONAI is my strength—I sing to God who rescued me. In the tents of the righteous, voices resound with song and triumph. God's right arm is like an army, God's right arm is upraised, God's right arm is like an army. Ozi v'zimrat yah, va-y'hi li lishuah. Kol rinah vishuah b'oholei tzadikim, y'min Adonai osah ḥayil. Y'min Adonai romeimah, y'min Adonai osah ḥayil. I shall not die, but live to tell of ADONAI's deeds.

Though Adonal chastened me, God did not hand me over to death.

 Open for me the gates of righteousness, that I may enter through them, to thank ADONAI.
 This is the gateway to ADONAI; through it the righteous shall enter.

▶ Pit-ḥu li sha•arei tzedek, avo vam, odeh yah. Zeh ha-sha•ar ladonai, tzadikim yavo•u vo.

Psalm 118:1–20

### Each of the following four verses is recited twice:

I will offer thanks to You, for You answered me, and You were my rescuer. The stone the builders rejected is now the keystone. This is ADONAI's doing; how wondrous it is in our sight. This is the day that ADONAI has made; we shall celebrate and rejoice in it. Od'kha ki anitani va-t'hi li lishuah. Even ma-asu ha-bonim haitah l'rosh pinah. Mei-eit Adonai haitah zot, hi niflat b'eineinu. Zeh hayom asah Adonai, nagilah v'nism'hah vo.

### The leader chants each of the next four lines, which are in turn repeated by the congregation:

ADONAI, we implore You: deliver us.
 ADONAI, we implore You: grant us success.
 Ana Adonai hoshi ah na.
 Ana Adonai hoshi ah na.
 Ana Adonai hatzlihah na.

#### Each of the following four verses is recited twice:

Blessed are you who come in the name of ADONAI;

may the blessings of the house of ADONAI be upon you.

ADONAI is our God, lighting our path. *Dress the horns of the altar with branches of myrtle in celebration of the festival.* 

You are my God and I offer thanks to You; My God, I exalt You.

♥ Give thanks to ADONAI who is good; God's love and kindness endure forever.

Barukh haba b'sheim Adonai, beirakh•nukhem mi-beit Adonai.

El Adonai vaya er lanu, isru hag ba-avotim ad karnot ha-mizbei ah.

Eili atah v'odeka, elohai arom'meka.

🥊 Hodu ladonai ki tov, ki l'olam ḥasdo.

Psalm 118:21-29

עָזִּי וְזִמְרָת יָהּ, וַיְהִי לִי לִישׁוּעָה. קוֹל רִנָּה וִישׁוּעָה בְּאָהֲלֵי צַדִּיקִים, יְמִין יהוה עְשָׁה חֵיִל. יְמִין יהוה רוֹמֵמָה, יְמִין יהוה עְשָׁה חֵיִל. לֹא אָמוּת כִּי אֶחְיֶה, וַאֲסַפֵּר מַעֲשֵׁי יָהּ. יַסֹר יִסְרַנִּי יָהּ, וְלַמֵּוֶת לֹא נְתָנֵנִי. • פּּתְחוּ לִי שַׁעֲרֵי צֶדֶק, אָבֹא בָם אוֹדֶה יָהּ. זֶה הַשַּׁעַר לַיהוה, צַדְּיקִים יָבְׂאוּ בוֹ.

Each of the following four verses is recited twice: אוֹדְךּ כִּי עֲנִיתֶנִי, וַתְּהִי לִי לִישׁוּעָה. אֶכֶן מָאֲסוּ הַבּוֹנִים, הִיְתָה לְרֹאשׁ פִּנָּה. מֵאֵת יהוה הִיְתָה וֹאת, הִיא נִפְלָאת בְּעֵינֵינוּ. זֶה הַיּוֹם עָשָׂה יהוה, נָגֵילָה וְנִשְׂמְחָה בוֹ.

> The leader chants each of the next four lines, which are in turn repeated by the congregation: אַ אָבָּא יהוה הוֹשִׁיעָה בָּא. אָבָּא יהוה הַצְלִיחֲה נָא. אָבָּא יהוה הַצְלִיחֲה נָא.

### Each of the following four verses is recited twice:

בָּרוּך הַבָּא בְּשֵׁם יהוה, בֵּרַכְנוּכָם מִבֵּית יהוה. אֵל יהוה וַיְּאֶר לְנוּ, אִסְרוּ חַג בַּעֲבׂתִים עַד קַרְנוֹת הַמִּזְבֵּחַ. אֵלִי אַתָּה וְאוֹדֶךְ, אֱלֹהַי אֲרוֹמְמֶךְ. ♦ הוֹדוּ לַיהוה כִּי טוֹב, כִּי לְעוֹלָם חַסְדוֹ.

תהלים קיח:כא–כט

meaning of the Hebrew verb. Some scholars suggest that it is related to the Akkadian verb meaning "to surround," which would then mean: "Surround the horns of the altar." Others take it to mean "bind the festal offering to the horns of the altar with cords." Our translation here attempts to convey nuances of both of these interpretations. The ancient rabbis interpreted the phrase *isru hag* as the day after the festival.

MYRTLE עברת (avotim). In Leviticus 23:40, which mentions the *lulav* and *etrog* in connection with Sukkot, the myrtle is called the "thick tree" (*eitz avot*). Perhaps the entire phrase was an instruction that this is the moment the myrtle is tied to the altar, and that the instruction, originally noted in the margin of the psalm, eventually became incorporated into the body of the psalm; we have therefore put the phrase in italics.

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320 שחרית ליום טוב וראש חודש · הלל

I WILL OFFER THANKS TTN. The psalms of Hallel move back and forth between expressions of gratitude and pleas for help. These four verses represent the height of personal and communal celebration in Hallel, out of which arises an especially terse and intense plea for deliverance and success in

ADONAI IS MY STRENGTH

עזי וזמרת יה. The psalm-

ist quotes the Song at the

Sea (Exodus 15:2), as if to

say that each experience

of rescue is a re-experience

of the exodus from Egypt,

and thus an occasion for

similarly exultant song.

גּרָאשׁ פְּנָה The keystone tops the arch. It is a small stone which is specially selected but which when in place holds the whole structure in balance. In this image, the people Israel have been specially selected to be the height of creation, the key to its being able to stand firm. (*Benjamin Sommer*)

our lives.

MAY THE BLESSINGS OF THE HOUSE OF ADONAI BE UPON יבַרְבְנוּרֶם מִבֵּית יהוה Literally, "We bless you from the house of Adonai." In its biblical context, this was probably a priestly statement of blessing.

**DRESS** אִקְרוּ חֵג. There is some dispute as to the

I Spread Out God's Names in Front of Me I spread out God's names in front of me on the floor of my chilly room. The name by which I called him when his spirit breathed in me. And the name by which I called him when I was a young girl. The name by which I called him when I was given to a man. And the name when I was again permitted to all. The name by which I called him when my parents were a roof over me. And the name when I had no ceiling. The name by which I called him so that I would fear him. And the name by which I called him so that I would not be afraid. The name by which I called him so that he would remember me. And the name so that he would refrain from remembering. In the heat of day I will prostrate myself on the floor of my chilly room.

—RIVKA MIRIAM (translated by Linda Stern Zisquit) Aleinu

### We rise:

It is for us to praise the ruler of all, to acclaim the Creator, who has not made us merely a nation, nor formed us as all earthly families, nor given us an ordinary destiny. f And so we bow, acknowledging the supreme sovereign, the Holy One, who is praisedwho spreads out the heavens and establishes the earth, whose glory abides in the highest heavens, and whose powerful presence resides in the highest heights. This is our God, none else; ours is the true sovereign, there is no other. As it is written in the Torah: "Know this day and take it to heart, that ADONAI is God in heaven above and on earth below; there is no other." Aleinu l'shabei·ah la-adon hakol, lateit g'dulah l'yotzer b'reishit, shelo asanu k'goyei ha-aratzot, v'lo samanu k'mishp'hot ha-adamah, shelo sam helkeinu kahem, v'goraleinu k'khol hamonam. l Va·anaḥnu korim u-mishtaḥavim u-modim, lifnei melekh malkhei ha-m'lakhim, ha-kadosh barukh hu. Shehu noteh shamayim v'yosed aretz, u-moshav y'karo ba-shamayim mima·al, u-sh'khinat uzo b'govhei m'romim, hu eloheinu ein od. Emet malkeinu efes zulato. ka-katuv b'torato: v'yadata ha-yom vahasheivota el l'vavekha, ki Adonai hu ha-elohim bashamayim mima·al, v'al ha-aretz mitahat, ein od.

We rise: עלינו לשבח לאדון הכל, לַתֵת גִּדְלַה לִיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא עַשַׂנוּ כָּגוֹיֵי הַאָרַצוֹת, וִלֹא שַׂמֵנוּ כִּמִשָּׁפּּחוֹת הַאֶדַמָה, שֵׁלֹא שֵׂם חֵלְקֵנוּ כַּהֶם, וְגֹרַלֵנוּ כְּכַל־הֵמוֹנָם. ןאַנַחָנוּ כּוֹרִעִים וּמִשְׁתַחַוִים וּמוֹדִים, 1 לִפְנֵי מֱלֵך מַלְכֵי הַמָּלָכִים, הַקָּדוֹשׁ בַּרוּך הוּא. שֵׁהוּא נוֹטֵה שָׁמֵיִם וִיֹסֵד אָרֵץ, וּמוֹשַׁב יָקָרוֹ בַּשָּׁמֵיִם מִמֵּעַל, וּשְׁכִינַת עָזּוֹ בִּנַָרְהֵי מִרוֹמִים, הוא אלהינו אין עוד. אמת מלכנו אפס זוּלתוֹ, ככתוב בתורתו: וִיַדַעָתַ הַיּוֹם וַהַשֶּׁבֹת אֵל לְבַבֶרָ, בי יהוה הוא האלהים בשמים ממעל, ועל האָרץ מִתַּחַת, אין עוֹד.

ALEINU אַלִינוּ. Since the 12th or 13th century, the Aleinu prayer has acquired a special pride of place in Ashkenazic liturgy and is recited at the conclusion of every service; it does not play the same role in the Sephardic liturgy.

The origin of this popular prayer is a matter of debate. Some medieval sources (e.g. Rokeah, early 13th century, Germany) ascribed it to Joshua. The liturgical scholar Joseph Heinemann thought that it dates back to the time of the Temple service. Other scholars have argued that it originated in 2nd- or 3rd-century mystical circles. Its first known use in the formal liturgy is as an introduction to the Malkhuyot ("Sovereignty") section of the Rosh Hashanah Musaf service.

Aleinu articulates a progression of ideas. In the first paragraph, we are asked to

express our gratitude for the special fate and role of the Jewish people in history. In the second, we look forward to the day when differences among peoples will be harmonized and there will be a common recognition that all of humanity is embraced by God. This vision recognizes that God is not exclusively the God of Israel, but that God rules over all of us. On that day, when justice, morality, and common spiritual affinity will reign on earth, God's name will truly be one.

Some have objected to what may sound like exclusivist language in this prayer, in particular the phrases describing the uniqueness of the people Israel: "who has not made us merely a nation, nor formed us as all earthly families, nor given us an ordinary destiny." The Israeli Masorti Movement offers an alternative formulation quoting Micah 4:5: "For the people of every nation shall walk in the name of their god, but we shall walk in the name of Adonai, our God, forever." Whether articulated with this wording or the standard text, Aleinu both asserts a pride in Jewish destiny and challenges us to go out to the world committed to Jewish spiritual values.

**AND SO WE BOW** <u>ואַ</u> בּוֹרְעִים. The prayer mentions a variety of forms of bowing. In ancient times, *korim* meant touching the floor with one's knees, and *mishtahavim* meant bending at the waist. However, the ancient rabbis minimized the bowing that takes place in the service, and so today it is customary to simply bow one's head or slightly bend one's body at this point in the prayer.

אסא דאוא דאוא בייום ביין Deuteronomy 4:39.

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## *Kaddish: The Year* Loss steals language; you

Loss steals language; you have nothing to say.

A loving community buttresses you, feeding you, telling you when to stand and sit, thrusting into your slack hand the prayer book containing the chanted words that, until now, only other people knew by heart.

—NESSA RAPOPORT

## Yahrzeit: The Years

To my astonishment, my father returns, sometimes daily, with a power that is revelatory. In the immediacy of grief, the idea that he would be "only a thought away" or "always with me" seemed a not-believable comfort. Now, four years later, my sisters and I are amazed by his presence. We use his expressions; we laugh at his voice in our heads, for we can hear exactly what he would say.

—nessa rapoport

# Mourner's Kaddish

## Mourners and those observing Yahrzeit:

May God's great name be exalted and hallowed throughout the created world, as is God's wish. May God's sovereignty soon be established, in your lifetime and in your days, and in the days of all the house of Israel. And we say: *Amen*.

## Congregation and mourners:

May God's great name be acknowledged forever and ever!

## Mourners:

May the name of the Holy One be acknowledged and celebrated, lauded and worshipped, exalted and honored, extolled and acclaimed—though God, who is blessed, *b'rikh hu*, is truly [*on Shabbat Shuvah we add*: far] beyond all acknowledgment and praise, or any expressions of gratitude or consolation ever spoken in the world. And we say: *Amen*.

May heaven bestow on us, and on all Israel, life and abundant and lasting peace. And we say: *Amen*.

May the one who creates peace on high bring peace to us and to all Israel [and to all who dwell on earth]. And we say: *Amen*.

### Mourners and those observing Yahrzeit:

Yitgadal v'yitkadash sh'meih raba, b'alma di v'ra, kiruteih, v'yamlikh malkhuteih b'ḥayeikhon u-v'yomeikhon u-v'ḥayei d'khol beit yisrael, ba agala u-vizman kariv, v'imru amen.

#### Congregation and mourners: Y'hei sh'meih raba m'varakh l'alam u-l'almei almaya.

### Mourners:

Yitbarakh v'yishtabah v'yitpa ar v'yitromam v'yitnasei v'yit hadar v'yitaleh v'yit halal sh'meih d'kudsha, b'rikh hu, l'eila min kol [*on Shabbat Shuvah we substitute*: l'eila l'eila mikol] birkhata v'shirata tushb'hata v'nehamata da amiran b'alma, v'imru amen.

Y'hei sh'lama raba min sh'maya v'ḥayim aleinu v'al kol yisrael, v'imru amen.

Oseh shalom bimromav hu ya·aseh shalom aleinu v'al kol yisrael [v'al kol yosh'vei teiveil], v'imru amen.

Some congregations recite Anim Z'mirot here; see page 208. Some congregations conclude with Adon Olam on page 211; others conclude with other Shabbat songs (see pages 212 and 82–85).

# קַדִּישׁ יָתוֹם

### Mourners and those observing Yahrzeit:

ִיְתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא, בְּעַלְמָא דִּי בְרָא, כִּרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב, וְאִמְרוּ אָמֵן.

## Congregation and mourners:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

### Mourners:

יִתְבָּרַהְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדַּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵה דְּקָדְשָׁא, **בְּרִיךְ הוּא**, לְעֵלָּא מִן בְּל־ [לְעֵלָּא לְעֵלָּא מִכְּל־ :on Shabbat Shuvah we substitute] בְּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחָמָתָא דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.

> יְהֵא שְׁלָמֶא רַבֶּא מִן שְׁמַיֶּא וְחַיִּים עָלֵינוּ וְעַל כְּל־יִשְׂרָאֵל, וְאִמְרוּ **אָמֵן**.

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל בְּל־יִשְׂרָאֵל [וְעַל בְּל־יוֹשְׁבֵי תֵבַל], וְאִמְרוּ **אָמֵן**.

Some congregations recite Anim Z'mirot here; see page 208. Some congregations conclude with Adon Olam on page 211; others conclude with other Shabbat songs (see pages 212 and 82–85).

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