# Adath Israel Tradition

### Serving the Adath Israel Chavurah since 1904

Newtown, Monroe, Bethel, Brookfield, Southbury, Trumbull, Oxford, Danbury

(The Little Synagogue that Could: First building: 1919, First rabbi: 1923) Ritual: Conservative Social: Progressive Oneg Shabbats: Priceless

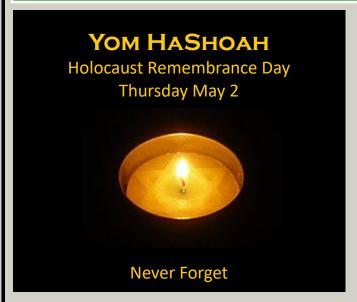
חברה עדת ישראל

May 2019



26 Nisan - 26 Iyar 5779

### ANNUAL MEETING - SUNDAY MAY 5TH - 9:00 AM



Interested in joining a new club or social activity? Check offerings on our website, in this newsletter or contact the office.

New program ideas always welcome!



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### From the Rabbi's Study



We are now counting the "Omer"- the days between Passover and Shavuot. Passover represents the physical freedom of our ancestors from slavery in Egypt. Shavuot represents the spiritual freedom that comes from having a dedication to spiritual, moral, and ethical values.

Seven weeks after leaving Egypt our ancestors arrived at Mt Sinai where they experienced the divine communication of the Ten Statements of Commandments, which amount to the outline for all the teachings of the Torah.

The Torah describes the statements as "Khah root", meaning in Hebrew, engraved on the tablets of stone. The Talmud says, "There is no "KHAY-root" meaning freedom in Hebrew, without "Khah-root", referring to the statements engraved on the stones.

Thus, the sages of the Talmud expressed the profound idea that liberty without guidance and values becomes obscene licentiousness, but with dedication to moral and ethical teachings becomes true meaningful Freedom.

~ Rabbi Barukh Schectman

### President's Message

Dear Congregants,

After two months away it was good to return home, relaxed and ready to take on the needs of the synagogue in whatever capacity I can.

I want to thank the organizers of Rabbi Schectman's birthday celebration for delaying it so that I could be in attendance. I am sorry that Florence and I missed Katherine's Bat Mitzvah. I am certainly glad it was well attended by family and friends. Florence and I wish both the best for the coming year.

I am well aware of the increase in anti-Semitic acts and rhetoric that has been going on throughout our country and Europe. I am especially disturbed by the language of Congresswomen Omar of Michigan. She has taken a page right out of Joseph Goebbels propaganda book. Depicting Jews as using their money to influence politicians to support Israel and buying off members of Congress is despicable. She then went on to question American Jews loyalty to the United States. I am sure she has never been to Arlington National Cemetery or the American Cemetery in Normandy. If she had she would have seen many Stars of David among the crosses, where young American Jews paid the ultimate sacrifice to preserve the freedom of all from the tyranny of the Nazis regime. We must be vigilant, and we must let those in Congress know that such language should not be tolerated.

May Shalom and Love be with all women and men of goodwill.

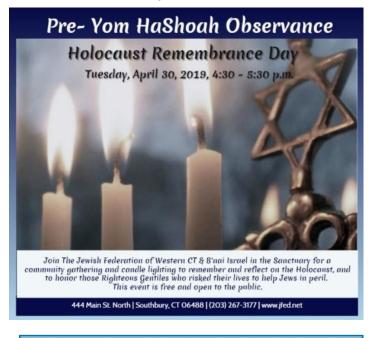
Bob

### From The Ritual Committee

Modern Jewish Days of Commemoration in May

On Thursday, May 2, we observe Yom Hashoah, Holocaust Memorial Day, when we honor the memory of all those who died in the Holocaust. A week later, on May 9, we celebrate Yom Ha'az-

tma'ut, Israel Independence Day. A day before that, on May 8, Yom Hazikaron, a day of remembrance, is observed in Israel, as a memorial honoring Israel's fallen soldiers. As members of the Jewish Federation of Western Connecticut, all are welcomed to attend the Yom HaShoah programming there. It will be held on April 30 4:30-5:30 pm in their Route 6, Southbury building. The Federation is also marking Israel Independence Day with an Israeli cooking demonstration on May 14 from 6:00-8:00 pm. For further information about these events, contact the Federation at 203-267-3177. At Adath Israel, we will stand as a whole community and recite Kaddish together on Friday May 3.







### THE NEZVESKY SCHOOL

## אבבגדהוזחטיככךלמםנןסעפפףצץקרששתת

I hope everyone had a good Pesach. April was a short month for the school, with the Newtown break and Pesach coinciding, but we had a great model Seder at the beginning of April with participation from all the families. Special thanks go to Gabrielle Joshpe for organizing it all.

In May we have several special events. First, I want to say Mazel Tov to Halaylah Schectmen on the occasion of her Bat Mitzvah Sunday, May 5. That day is significant because it is also Rosh Hodesh and Halaylah will be chanting Hallel—if you have heard her chant before you will know what a treat it is, and if you haven't, please come and join in her celebration.

The school schedule will have classes from 9:30 to 11:00 with the Bat Mitzvah service from 11:00 to 12:00. If you are not planning to stay for the luncheon afterwards please consider staying with your children for the service.

On May 19, we will be celebrating Lag B'Omer during Sunday School. It is a holiday taking place in the middle of counting the Omer and is often celebrated in Israel with bonfires. We will have our own bonfire (weather permitting), and will have kosher s'mores regardless of the weather.

Graduation will take place on June 2, and will start at 10:00, with a brunch beginning at 11:00. We look forward to seeing you all there.

David Smith, Education Chair 203-770-1685,

educationchair@congadathisrael.org

### **ADVERTISING IN THE NEWSLETTER**

Business card : \$10 mo. / \$90 yr.

1/4 page: \$15 mo. / \$135 yr. 1/2 page: \$25 mo. / \$225 yr.

Full page: \$45 mo. / \$405 yr. Email: <a href="mailto:newsletter@congadathisrael.org">newsletter@congadathisrael.org</a>

### Mishpaha v'Ani



A pre-school playgroup at Adath Israel in Newtown

For children ages 2 to 5 (pre-Kindergarten) and their parent or caregiver.

Children learn about the Jewish holidays in an age-appropriate way, make crafts, sing and dance, and have a GREAT time. This program meets once a month from 9:30 to 10:30 on Sunday mornings during the school year. FREE to attend and no membership required.

**UPCOMNG DATES:** 

March 3, April 7, May 5, June 2 (end of year festivities)

A "themed" snack will be provided. If your child has allergies, you may want to provide a Kosher (dairy/pareve) snack for your child.

Call or email the office for more information. 203-426-5188 or office@congadathisrael.org





Free Jewish themed books and music CD's for children ages 6 months through 8 years.

Sign up at:

PJLibrary@jfed.net

Powered by the Jewish Federation of Western Connecticut

# PASSOVER MODEL SEDER



















### KOSHER CREATIONS

We hope you will enjoy trying out these tasty treats each month. Bonnie Goldstein will be collecting and compiling the recipes for the newsletter. If you would like to contribute a favorite recipe for this section, please email it to her at <a href="mailto:bhgoldstein1836@gmail.com">bhgoldstein1836@gmail.com</a>. If you have a photo of your dish to include with the recipe, send that too! Recipes must follow Kosher guidelines.

The following recipe was submitted by Linda Baulsir.

### **ZUCCHINI KISHKA KUGEL**

(gluten free)

Double the recipe for a 13" x 9" x 2" pan

### Kishka Layer:

1 carrot

1 potato

1 stalk celery

1 small onion

1/3 cup oil

5 Tablespoons potato starch

1/2 tsp. salt

1-1/2 tsp. paprika

Peel all vegetables. Put them in a food processor and grate until finely chopped.

Mix the rest of the ingredients with the grated vegetables.

Pour into an 8" x 8" square pan. (For easy unmolding, line an with slightly oiled parchment paper). Or serve directly from baking pan, no need to line pan with oiled parchment paper.

Bake at 350 for 25 minutes.

### Zucchini Layer:

1 onion

2 medium zucchini—do not peel

2 eggs

1/4 cup potato starch

2 Tablespoons mayonnaise

1/2 tsp. onion powder

1/4 tsp. salt or use Tablespoon parve chicken bouillon.

Grate all vegetables in food processor. Add the rest of the ingredients. Pour over baked kishka layer. Bake additional 45 minutes at 350 degrees.

### **ACTIVITIES, CLUBS & COMMITTEES**

### SISTERHOOD AT ADATH ISRAEL

Sisterhood held a
Passover Recipe Swap on Wednesday, April 10th!
Great recipes were brought and shared!



Our next meeting is Thursday May 16 at 7:00 PM.

Contact Bonnie Goldstein at:

sisterhood@congadathisrael.org



# Adath Israel Women's Book Club

The next meeting of the Adath Israel book club will be on Monday May 13 at 7:30 PM at the home of Jody Altenhof. The current book we are reading is:

### We Were The Lucky Ones By Georgia Hunter

The second meeting will be on Monday June 17 at 7:30 PM. That book is:

The Inheritance: A Memoir of Genealogy, Paternity, and Love *By Dani Shapiro* 

We invite all members to join our club. We choose a variety of genres of literature to discuss. Even if you haven't read the book, consider joining us and helping to choose our next book. We usually meet bimonthly. If interested, please email Amy Greenfield at bookclub@congadathisrael.org.

## Israelí Folk Dancing



Join us on Tuesdays May 14 & 28 at 7:30 PM

In the Social Hall.

Wear comfortable shoes. Good aerobic workout!

### MAH JONG MADNESS



MONDAYS (dates may vary)

7:00 PM at Adath Israel

For both experienced and beginner players

### **JOIN MEN'S CLUB TODAY!**

**Contact Steve Vine** 

brotherhood@congadathisrael.org

### Caring Committee Update

The Community Care and Share committee proudly sponsored the Oneg in celebration of the Rabbi's milestone birthday and planted trees in Israel in his honor. Thanks to all those who contributed. In addition, a few meals were provided to our committee member who recently had bunion surgery. A few cards were sent to our members. Thanks to all who came to support the book reading and talk with our students on the book Soulful Sydney. It was an engaging book talk with very attentive students.

As always, if anyone knows of someone who would benefit from our services, please contact Sue Morse at: <a href="mailto:caring@congadathisrael.org">caring@congadathisrael.org</a>.

Please share your Mitzvah's with us as well.

~ Susan Littlefield, Secretary

Have an opinion? Like to write?

**Newsletter contributions are** always welcome...

Have family or student news you would like to share?

### Contact:

newsletter@congadathisrael.org

Newsletter article submittal deadline is the 23rd of each month.



Support Congregation Adath Israel by starting your shopping at:

http://smile.amazon.com/ch/06-1365965



Samuel A. Green Jonathan L. Green

Wayne P. Seman Brian M. McCarty

Abraham L. Green Founder 1916 - 2007

203-255-8993

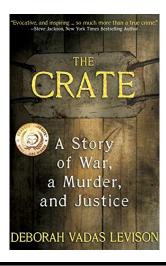
www.greensfuneralhome.com

88 Beach Rd. Fairfield, CT. 06824

Webcast and Hearing Loop Enabled Facility

### **An Interesting Story**

In the afternoon of Sunday, April 28, Deborah Vadas Levison spoke to a group of over 30 people to tell the story of her family who lived in Hungary during the Holocaust and later immigrated to Canada only to find years later their world turned upside down once again when a murder victim is found in a crate under their vacation home. These true events led Ms. Levison to write her first book that has received several awards. Following the program, books were available for sale and signing and sweet treats were available to enjoy. A cookie platter was donated by a new bakery in town, Sugar Magnolia Bakeshop.







### **COMMUNITY PROGRAMS & EVENTS**



### **Support Groups**



Are you caring for a loved one with Alzheimer's?

Regional Hospice offers a free support group on the second Thursday of the month from 10:30 a.m. - 12:00 p.m. Register by calling (203) 702-7421.



Are you or someone you know struggling with the loss of a loved one?

Regional Hospice offers a monthly bereavement support group for adults coping with the death of a loved one. The group provides a supportive environment to meet others whose lives are also impacted by loss. Register by calling (203) 702-7421.



4<sup>th</sup> Annual Western CT Health & Leisure Fair



Wednesday May 22 11 am - 3 pm

Walzer Family Jewish Community Campus 444 Main Street North Southbury

# ROSH CHODESH WOMEN & IDENTITY

Monday, June 3 6:00–9:00 PM Harry & Jeanette Weinberg Community Function Hall 444 Main Street North Southbury, Connecticut

Led by: Rabbi Ilana Garber Catered by: Sanctuary Kitchen of New Haven

COUVERT: \$18

R.S.V.P. by May 22, (203) 267-3177 x340



\*Rosh Chodesh, the first day of every month in our Hebrew calendar, is marked by the birth of the new moon. Not only a time of spiritual renewal, it has also blossomed into a celebration of women and femininity



Check out the many Programs, Book Talks, Classes, Archives and more

Visit: <a href="http://jhsfc-ct.org">http://jhsfc-ct.org</a>

### **COMMUNITY PROGRAMS & EVENTS**

Voices of Hope, Jewish Federation Association of Connecticut and the Jewish Federation of Greater Hartford invite you to the

41st Annual
State of Connecticut
Holocaust Commemoration



Friday, May 3, 2019 | 11:30 a.m. Gisela Adamski, Keynote Speaker Senate Chambers, Connecticut State Capitol, 210 Capitol Ave., Hartford 12:30 p.m. Lunch | North Lobby

For Holocaust Survivors, program participants and elected officials.

Buses available for Holocaust Survivors.

RSVP required for buses and lunch to Ayelet Weber at aweber@jfact.org or 860.727.5771

Kosher dietary laws observed

Co-sponsored by Voices of Hope and the Jewish Federations of: Eastern Connecticut, New Haven, Greenwich, Greater Stamford, New Canaan and Darien, Federation for Jewish Philanthropy of Upper Fairfield County, Western CT, and in coordination with the Anti-Defamation League, the State of Connecticut and the United States Holocaust Memorial Council.









# THE JEWISH GENEALOGICAL SOCIETY OF CONNECTICUT

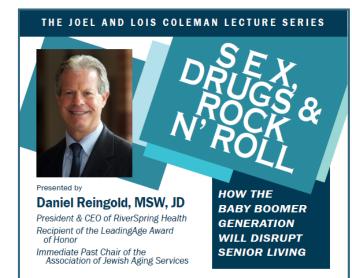
Please join the Jewish Genealogical Society of Connecticut on Sunday, May 19, 2019, at 1:30 pm, at Temple Sinai, 41 West Hartford Rd, Newington, as JGSCT President Doris Loeb Nabel presents "Two Genealogical Roots Journeys: Thirteen Cities, Five Countries, Seven Weeks."

Doris Loeb Nabel will share her 31-day roots quest in Europe and Israel.

She will explain how she planned her visits and researched proactively from home via computer to maximize the results.

The highlights included research facilities, ancestral locations, cemeteries, and meeting 15 'new' cousins, and their spouses, for the first time.

Visit <a href="www.jgsct.org">www.jgsct.org</a> for additional information. This program is free and open to the public.



# Wednesday, May 15, 2019 7:00 pm

Jewish Senior Services, Bennett Hall 4200 Park Avenue, Bridgeport, CT

RSVP to 203-396-1002 or kgintoli@jseniors.org

Daniel Reingold has been President and CEO of RiverSpring Health since 1990 which is a leading non-profit senior care organization that includes the renowned Hebrew Home of Riverdale. Mr. Reingold has received recognition and awards from numerous communal, educational and religious organizations for his and the Home's contributions to the community. He and his team opened the Weinberg Center for Elder Abuse Prevention, the nation's first elder abuse shelter, in 2005. Mr. Reingold has testified multiple times before the U.S. Senate Special Committee on Aging and attended the 2015 White House Conference on Aging In 2018, he received the highest recognition in the field of non-profit long term senior care with the Leadingse Award of Honor. Mr. Reingold serves on the board of directors of the Continuing Care Leadership Coalition, Greater New York Hospital Association (GNYHA), and is the Immediate Past Chair of the Association of Jewish Aging Services. He received a B.A. from Hobart College, an M.S.W. from Columbia University, and a law degree from the Benjamin N. Cardozo School of Law of Yeshiva University.



www.jseniors.org



### IN MEMORIAM Yahrzeits: May 2019

5 May	30 Nisan	Irving Weiss, Brother of Florence Rubinstein
7 May	2 Iyar	Rose Heyman, Aunt of Jay Slomka
8 May	3 Iyar	Katie J. Chiprut, Grandmother of Jack Nahmias
9 May	4 Iyar	Jack Altenhof, Brother of Jody Altenhof
9 May	4 Iyar	Seymour Naidich, Father of Michelle Tenenbaum
10 May	5 Iyar	Neil Morse, Husband of Susan Morse and Father of Jessica Gerrish
10 May	5 Iyar	Myron Nowes, Brother of Gilda Slomka
14 May	9 Iyar	Arlene Goldstein, Mother of Laura Goldstein
16 May	11 Iyar	Harvey Buckwald, Father of Lauren DiMartino
16 May	11 Iyar	Sylvan Philip Herbst, Father of Bill Hillman
21 May	16 Iyar	Gita Shifrin, Grandmother of Marina Arena
22 May	17 Iyar	Ann Zank, Mother of Susan Morse
23 May	18 Iyar	Harry Zelman, Father of Sonja Ikenson
24 May	19 Iyar	Aaron B.Z. Silver, Father of George Silver

### ... and let us not forget

4 May	29 Nisan	Isaac Goldstein
12 May	7 Iyar	Rebecca Bernstein
12 May	7 Iyar	Shia Goosman
13 May	8 Iyar	Benjamin Bernstein
14 May	9 Iyar	Morris Redalje
15 May	10 Iyar	Eli Brier
22 May	17 Iyar	Doris Mapen

### **BRONZE MEMORIAL NAMEPLATE**

If you wish to install a memorial nameplate in the sanctuary, please contact Susan Rubin at 203-426-5188 or by email <a href="mailto:office@congadathisrael.org">office@congadathisrael.org</a>

### **CEMETERY PLOTS AVAILABLE**

Adath Israel Cemetery (a division of B'nai Israel Cemetery)

472 Moose Hill Road, Monroe, CT

Information packets are available. Please contact Susan Rubin at <a href="mailto:office@congadathisrael.org">office@congadathisrael.org</a> or call 203-426-5188.

### CONTACT INFORMATION

Office Phone: 203-426-5188

Rabbi Barukh Schectman rabbi@congadathisrael.org

Administrator: Susan Rubin office@congadathisrael.org

### 2018 - 2019 Officers of the Board

of

President: Bob Rubinstein president@congadathisrael.org

Vice - President: Amy Greenfield Vice - President: Susan Littlefield vicepresident@congadathisrael.org

Treasurer: Dan Greenberg <a href="mailto:treasurer@congadathisrael.org">treasurer@congadathisrael.org</a>

Secretary: Jim Arena secretary@congadathisrael.org

Member at Large: Ben Glazer Member at Large: Darryl Newman Member at Large: Jessica Sachs atlarge@congadathisrael.org

### 2018 - 2019 Committee Chairpersons

Birthday Books: Mardi Smith

Education Chairperson: David Smith educationchair@congadathisrael.org

School Parent Coordinator: Gabrielle Joshpe parentcoordinator@congadathisrael.org

Caring Committee: Susan Morse caring@congadathisrael.org

Fundraising: available fundraising@congadathisrael.org

Honorarium: Susan Rubin office@congadathisrael.org

House: Mark Silverman house@congadathisrael.org

Membership: Leah Newman membership@congadathisrael.org

Men's Club: Steve Vine brotherhood@congadathisrael.org

Newsletter: Susan Rubin <a href="mailto:newsletter@congadathisrael.org">newsletter@congadathisrael.org</a>

Programs: available programs@congadathisrael.org

Publicity: Karen Klein publicity@congadathisrael.org

Ritual: Katherine Kohrman ritual@congadathisrael.org

Safety: David Wiener safetycommittee@congadathisrael.org

Sisterhood: Bonnie Goldstein sisterhood@congadathisrael.org

### **DONATIONS**

We gratefully acknowledge the following contributions to temple funds:

#### **General Fund**

The Wiener Family in memory of David's Dad, Jerry Wiener Bonnie & Bob Goldstein in memory of Barbara Magilnick Bob & Florence Rubinstein in memory of Bob's father, Louis Rubinstein Bob & Florence Rubinstein in memory of Florence's sister, Gloria Brotman Rubenstein & Brault Families in memory of Helen Rubenstein

### **Caring Committee Fund**

Diane Gamse in memory of her mother, Sue Shapiro

### **Building Fund**

Michelle & Steve Tenenbaum in memory of Michelle's father, Seymour Naidich

### Donations to the general fund in honor of Katherine Kohrman on the occasion of the 50th anniversary of her Bat Mitzvah:

Diane Shamas Lee Kohrman Bob & Florence Rubinstein

### Rabbi's Discretionary Fund

Janis Schertzer in memory of her brothers, Jeffry & Jerold Nezvesky Bonnie & Bob Goldstein in honor of Rabbi's birthday Bob & Florence Rubinstein in honor of Rabbi's birthday Dan & Grace Federman in honor of Halaylah Schectman's Bat Mitzvah Sonja Ikenson in memory of her father, Harry Zelman

# THANK YOU TO OUR APRIL ONEG & KIDDUSH SPONSORS

Friday April 5— The Caring Committee in honor of Rabbi Schectman's Birthday

**Sunday April 7 Model Seder**— The School Families

**Saturday April 27**—Sisterhood members

### "LEAVE YOUR LEGACY ON THE TREE OF LIFE"



A great way to honor past and present family members and friends

Large Leaf—\$1800. each; Small Leaf—\$180. each

Order forms available at the Synagogue or by emailing: office@congadathisrael.org

### <u>HOST</u> <u>AN ONEG</u> <u>OR KIDDUSH</u>



Hosting a Friday Oneg or Saturday Kiddush is performing a Mitzvah for our community. After services is a time when we have a chance to slow down and catch up on the weekly events with our fellow congregants.

It's not only a Mitzvah, but a way for you to celebrate an event in your family and share the good news with our congregation. Many people host to commemorate birthdays, anniversaries, engagements, awards, graduations, victories and other happy occasions. You may also host in memory of a loved one. Of course, you don't need a reason to host and you may also buddy up and host with a friend.

If you wish to participate in this Mitzvah or for more information, please e-mail the office at:

office@congadathisrael.org

### Friday Oneg Dates Available

May 3, 17, 24, 31 June 7, 14, 21, 28 August 9, 23

### Saturday Kiddush Dates Available

May 11 June 22

# Celebrate a special day with us!

Honor a special milestone: achievement, birthday, graduation or anniversary.

Sponsor an Oneg or Kiddush this year.

Reserve your date now!

# **MAY 2019**

SAT 4 Parashat Achrei Mot 29 Nisan 5779 • 8:44pm Shabbat Ends	Parashat Kedoshim 6 iyar 5779 9:30am Service 8:51pm Shabbat Ends	Parashat Emor 13 Iyar 5779 9:30am Learning Service 8:58pm Shabbat Ends	25 Parashat Behar 20 Iyar 5779 • 9:04pm Shabbat Ends	Jun 1 Parashat Bechukotai 27 Iyar 5779 9:10pm Shabbat Ends
PRI 3 28 Nisan 5779  ppm Shabbat Before Bedti 7:30pm Service 7:35pm Candle lighting	10 5 Iyar 5779 • 7:30pm Service • 7:42pm Candle lighting	12 lyar 5779  7:30pm Service 7:49pm Candle lighting	24 19 Iyar 5779 7:30pm Service 7:56pm Candle lighting	31 26 Iyar 5779 7:30pm Service 8:01pm Candle lighting
THU 2 Yom HaShoah 27 Nisan 5779	9 Yom HaAtzma'ut 4 Iyar 5779	16 11 Iyar 5779 • 7pm Sisterhood Mtg	23 Lag BaOmer 18 lyar 5779	30 25 lyar 5779
WED May 1 26 Nisan 5779 • 4:30pm Hebrew School Gr	3 Iyar 5779 • 4:30pm Hebrew School Gr	15 10 Iyar 5779 6 4:30pm Hebrew School Gr	22 17 Iyar 5779 • 4:30pm Hebrew School Gr	24 Iyar 5779 • 4:30pm Hebrew School Gr
TUE	2 Iyar 5779  4:30pm Hebrew School Gr. 7:30pm Ritual Mtg	9 Iyar 5779  4:30pm Hebrew School Gr. 7:30pm Israeli Dancing 8pm Education Mtg	16 Iyar 5779  • 4:30pm Hebrew School Gr.  • 7pm Board Mtg	23 Iyar 5779  4:30pm Hebrew School Gr.  7:30pm Israeli Dancing
MON	6 1 Iyar 5779	13 8 Iyar 5779	20 15 iyar 5779	27 Memorial Day 22 Iyar 5779
NOS	5 30 Nisan 5779  9 9am Annual Mtg  9:30am School  9:30am Preschool Playgro  11am Halaylah Schectmar	12  Mother's Day 7 Iyar 5779 9:30am School 12pm Adult Ed.	School LagB'Omer 14 Iyar 5779 9 9:30am School 12pm Adult Ed.	26 No SCHOOL 21 lyar 5779